

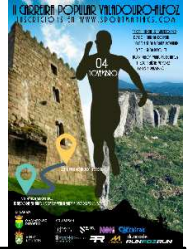


Fecha: 04/11/2023

Distancia: 6500m

# CLASIFICACIÓN GENERAL

## II CARREIRA POP. VALADOURO-ALFOZ



Posición	Dorsal	Nombre	Club/Localidad	Categoría	Pos. Categ.	Tiempo	Min/Km
1	80	VILLALBA LOREDO, ALEJANDRO	MADERAS BARCIA LOURENZA	MASTER "A"	1	00:23:51	3:40
2	32	GONZALEZ FERNANDEZ, PABLO	TFC LLANERA	MASTER "A"	2	00:23:51	3:40
3	47	NOGUEROL BARCIA, CARLOS	SUBINDO RITMO	MASTER "A"	3	00:24:51	3:49
4	58	PICO FERNANDEZ, ALVARO	AUGAS SANTAS BARREIROS	MASTER "A"	4	00:25:28	3:55
5	8	CELADA VILLARMEA, HELENA	ATLETISMO RIA DE FOZ	SENIOR FEMENINO	1	00:25:30	3:55
6	22	FERNANDEZ RIVAS, JOSE ANTONIO	MADERAS BARCIA LOURENZA	MASTER "A"	5	00:25:30	3:55
7	72	TURNES CORDEIRO, JOSE MANUEL	ATLETISMO RIA DE FOZ	MASTER "A"	6	00:25:33	3:55
8	46	MORENO GONZALEZ, JOSE	INDEP. XOVE	MASTER "A"	7	00:25:53	3:59
9	29	GIL CASTRO, MANUEL	ATLETISMO RIA DE FOZ	MASTER "A"	8	00:25:56	3:59
10	4	BANCIELLA ALVARO, MIGUEL ANGEL	INDEP. CARREÑO	MASTER "B"	1	00:25:58	3:59
11	71	TRILLO, CARLA	ATLETISMO RIA DE FOZ	MASTER "A"	1	00:25:59	3:59
12	60	PUMARES MARRUBE, PEDRO	AS ESCONDIDAS ALFOZ	MASTER "B"	2	00:26:07	4:01
13	13	DOURAL GOMEZ, JORGE	TOXIZA CLUBE DE MONTANA	MASTER "B"	3	00:26:11	4:01
14	30	GONZALEZ CABRERA, TITO	ATLETISMO RIA DE FOZ	MASTER "B"	4	00:27:08	4:10
15	19	FERNANDEZ CISNEROS, VICTOR	INDEP. MADRID	MASTER "A"	9	00:27:17	4:11
16	31	GONZALEZ DIAZ, JOSE MANUEL	ATLETISMO RIA DE FOZ	MASTER "C"	1	00:27:38	4:15
17	84	RÍO PEREIRA, YAGO DANIEL	INDEP. FERROL	SENIOR MASCULINO	1	00:27:44	4:16
18	7	CASAS CASAS, JOSE MANUEL	INDEP. CORUÑA	MASTER "A"	10	00:27:45	4:16
19	16	FARIAS FORNEIRO, PATRICIO	CLUB TRIATLON CIDADE DE LUGO FLUVIA	MASTER "B"	5	00:28:12	4:20
20	23	FERNANDEZ VEIGA, LUIS	VERXEL NUTRICION DEPORTIVA	MASTER "C"	2	00:28:27	4:22
21	12	DIAZ URBIETA, ANTONIO	ATLETISMO RIA DE FOZ	SENIOR MASCULINO	2	00:28:28	4:22
22	15	EIRAS RODRIGUEZ, MANUEL	ATLETISMO RIA DE FOZ	SENIOR MASCULINO	3	00:28:28	4:22
23	86	VILLARES PEREZ, CARLOS	PEÑA LAR TRAIL	MASTER "B"	6	00:28:33	4:23
24	82	VIZOSO VARELA, VANESA	ATLETISMO RIA DE FOZ	MASTER "A"	2	00:29:00	4:27
25	5	CABANELA RAMUDO, MONICA	INDEP. VALADOURO	SENIOR FEMENINO	2	00:29:04	4:28
26	57	PERTEJO VISPO, ANTONIO	INDEP. RIBADEO	MASTER "B"	7	00:29:07	4:28
27	37	GRANDA NIETO, JOSE ANGEL	ATLETISMO RIA DE FOZ	MASTER "B"	8	00:29:10	4:29
28	2	ALVAREZ CASARIEGO, MANUEL	TOXIZA CLUBE DE MONTANA	SENIOR MASCULINO	4	00:29:12	4:29
29	45	MONTERO BARRERA, JOSE	TOXIZA CLUBE DE MONTANA	MASTER "B"	9	00:29:14	4:29
30	85	GONZALEZ FOLGUEIRA, MARTIN	INDEPENDIENTE	SENIOR MASCULINO	5	00:29:26	4:31
31	3	BALSEIRO VAZQUEZ, ROBERTO	INDEP. ALFOZ	MASTER "A"	11	00:29:43	4:34
32	74	VALEA, ANGEL	INDEP. ALFOZ	SENIOR MASCULINO	6	00:29:46	4:34

Posición	Dorsal	Nombre	Club/Localidad	Categoría	Pos. Categ.	Tiempo	Min/Km
33	61	QUELLE FRA, ADRIAN	INDEP. BURELA	MASTER "A"	12	00:30:04	4:37
34	53	PEREZ LADO, JOSE LUIS	INDEP. CORUÑA	MASTER "A"	13	00:30:17	4:39
35	35	GONZALEZ VAZQUEZ, JOSE ANTONIO	INDEP. BURELA	SENIOR MASCULINO	7	00:30:18	4:39
36	67	SANJURJO LOZANO, ALBERTO	TOXIZA CLUBE DE MONTANA	MASTER "A"	14	00:30:20	4:40
37	20	FERNANDEZ DIAZ, JAVIER	TOXIZA CLUBE DE MONTANA	MASTER "A"	15	00:30:26	4:41
38	55	PERNAS ROMERO, MARCIAL	INDEP. VIVEIRO	MASTER "C"	3	00:30:28	4:41
39	25	GALDON, PATRICIA	TERRAS DE MIRANDA /COMADISTA/ TOXI	MASTER "B"	1	00:30:48	4:44
40	17	FERNANDEZ ALVAREZ, JAVIER	TOXIZA CLUBE DE MONTANA	MASTER "B"	10	00:30:54	4:45
41	18	FERNANDEZ CENDOYA, CONCEPCION	ATLETISMO RIA DE FOZ	MASTER "B"	2	00:31:10	4:47
42	38	IRIARTE LOPEZ, JUAN ANTONIO	INDEP. RIBADEO	MASTER "B"	11	00:31:33	4:51
43	68	SENDON MARTINEZ, DAMIAN	INDEP. OLEIROS	SENIOR MASCULINO	8	00:31:44	4:53
44	42	MARRUBE NOVO, CESAR	TOXIZA CLUBE DE MONTANA	MASTER "A"	16	00:31:51	4:54
45	41	MARAGOTO POLO, JOSE ANTONIO	INDEP. CERVO	MASTER "B"	12	00:31:52	4:54
46	78	VILA QUELLE, PABLO	INDEP. VALADOURO	SENIOR MASCULINO	9	00:31:54	4:54
47	33	GONZALEZ GONZALEZ, PAULA	INDEP. CERVO	MASTER "A"	3	00:31:54	4:54
48	50	OTERO MARTINEZ, FRANCISCO JAVIER	INDEP. VALADOURO	MASTER "B"	13	00:32:24	4:59
49	11	CORTIÑAS BODENLLE, JUAN	INDEP. ALFOZ	SENIOR MASCULINO	10	00:32:40	5:01
50	10	CHAO, XOSE LUIS	INDEP. MIÑO	MASTER "C"	4	00:33:36	5:10
51	44	MIGUEL MARTIN, SERGIO	INDEP. FOZ	MASTER "A"	17	00:34:25	5:17
52	73	VALDES GONZALEZ, ALBERTO	INDEP. FOZ	MASTER "C"	5	00:35:03	5:23
53	6	CAO RUBAL, MARTIN	INDEP. ALFOZ	SENIOR MASCULINO	11	00:35:20	5:26
54	76	VARELA DE LA TORRE, GONZALO	INDEP. BEGONTE	MASTER "B"	14	00:35:52	5:31
55	48	OLIVER RODRIGUEZ, LAURA	INDEP. MADRID	SENIOR FEMENINO	3	00:36:55	5:40
56	51	PEÑALVER CAMPOS, JORGE	INDEP. MADRID	SENIOR MASCULINO	12	00:36:56	5:40
57	52	PEREZ CAPON, LUIS	CD BIOSBARDO	MASTER "C"	6	00:36:58	5:41
58	39	LAGO LAMAS, FERNANDO	CLUB ATLETISMO LOURENZA	MASTER "B"	15	00:37:01	5:41
59	40	LESTEGAS, INMA	ATLETISMO RIA DE FOZ	MASTER "B"	3	00:37:13	5:43
60	54	PEREZ VAL, RUBEN	ATLETISMO RIA DE FOZ	MASTER "B"	16	00:37:31	5:46
61	14	EIRAS FERNANDEZ, RAMON JOSE	ATLETISMO RIA DE FOZ	MASTER "C"	7	00:37:33	5:46
62	21	FERNANDEZ GARCIA, MANUEL	ATLETISMO RIA DE FOZ	MASTER "C"	8	00:38:04	5:51
63	75	VALORIA CORA, SAMUEL	INDEP. VALADOURO	SENIOR MASCULINO	13	00:39:55	6:08
64	49	OTERO CAYON, MIGUEL	INDEP. BURELA	SENIOR MASCULINO	14	00:40:27	6:13
65	83	BERNAL GOMEZ, JESUS	INDEPENDIENTE	MASTER "C"	9	00:43:44	6:43
66	9	CEREJO ARIAS, ELVIRA	INDEP. BEGONTE	MASTER "B"	4	00:44:25	6:50
67	62	REY ROCA, ANA	INDEP. LUGO	MASTER "C"	1	00:44:27	6:50
68	69	TEIJEIRO OROL, ELISEO	INDEP. VALADOURO	MASTER "A"	18	00:44:28	6:50

De 90 participantes, 68 han terminado la carrera.

04/11/23