



CLASIFICACIÓN GENERAL

CROSS PONFERRADA- 3ª PRUEBA CIRCUITO CROSS DEL BIERZO

Fecha 14/02/2016

Distancia 7260 metros



Posición	Dorsal	Nombre	CATEGORIA	P.Cat.	Equipo / Club	Tpo. 1ª Vta.	Pto. 1ª V.	Tpo. 2ª Vta.	Pto. 2ª V.	T. FINAL	Min/Km
1	2453	MARTINEZ FERNANDEZ, ALEJANDRO	SENIM	1	RUNNING PARA TODOS	00:08:00	1	00:16:29	1	00:25:18	3:29
2	2375	ARIAS GARCIA, AARÓN	SENIM	2	C.A. FISIORAMA - EL TALLER	00:08:14	2	00:17:14	2	00:26:29	3:38
3	2502	SILVÁN SILVÁN, GUSTAVO	VETEM	1	ATLETISMO LA	00:08:33	3	00:17:34	3	00:26:50	3:41
4	2520	BAPTISTA SEMADO, PAULO JORGE	VETEM	2	ESTADIO GIJON	00:08:33	4	00:17:44	4	00:27:16	3:45
5	2439	GUERRA CASCALLANA, PEDRO	VETEM	3	ATLETISMO LA	00:08:46	6	00:18:06	5	00:27:34	3:47
6	2485	RODRIGUEZ IBARRA, RAUL	SENIM	3	ATLETISMO RÚA	00:08:47	7	00:18:12	7	00:27:43	3:49
7	2507	VALCARCE MERAYO, EDUARDO	SENIM	4	C.A. FISIORAMA-EL TALLER	00:08:46	5	00:18:08	6	00:27:51	3:50
8	2408	FERNANDEZ ENCINA, ALBERTO	SENIM	5	TRIATLÓN BIERZO	00:08:48	8	00:18:25	8	00:28:04	3:52
9	2477	REDONDO PEREZ, DAVID	SENIM	6	INDEP. VALDEIGLESIAS	00:08:58	9	00:18:26	9	00:28:07	3:52
10	2456	MÉNDEZ GAVELA, MANU	SENIM	7	CDM ALTO SIL	00:09:07	14	00:18:50	17	00:28:28	3:55
11	2484	RODRÍGUEZ CASTRO, SAÚL	SENIM	8	C.A. FISIORAMA - EL TALLER	00:09:02	10	00:18:37	10	00:28:30	3:55
12	2403	ENERO TEIXEIRA, DANIEL	SENIM	9	PEÑACORADA CLUB	00:09:04	11	00:18:46	12	00:28:31	3:55
13	2359	ÁLVAREZ CALERO, OSCAR	VETEM	4	CDM ALTO SIL	00:09:08	15	00:18:50	18	00:28:42	3:57
14	2380	BELLO ÁLVAREZ, EULOGIO	VETEM	5	INTERVAL PONFERRADA	00:09:09	17	00:18:48	14	00:28:42	3:57
15	2493	SAN MIGUEL BODELÓN, JAVIER	VETEM	6	TEAM BOTILLOS DEL BIERZO	00:09:07	13	00:18:44	11	00:28:44	3:57
16	2396	CAUREL CARRERA, JAVIER	SENIM	10	RADIKAL BIERZO TEAM	00:09:11	18	00:18:51	19	00:28:45	3:57
17	2489	RODRIGUEZ SANTIN, FERNANDO	VETEM	7	INTERVAL PONFERRADA	00:09:05	12	00:18:47	13	00:28:46	3:57
18	2343	ALONSO ALVAREZ, PABLO	VETEM	8	INTERVAL PONFERRADA	00:09:09	16	00:18:49	15	00:28:48	3:58
19	2460	OLIVEIRA DE ALBA, JUANMA	SENIM	11	BIERZO TRIMAN	00:09:11	19	00:18:49	16	00:28:48	3:58
20	2465	PÁRAMO AGUADO, ADRIÁN	SENIM	12	ATLETISMO LA	00:09:20	24	00:19:03	21	00:28:55	3:59
21	2421	GARCIA SEGURADO, RUBEN	VETEM	9	RADIKAL BIERZO TEAM	00:09:12	20	00:19:05	22	00:29:07	4:00
22	2447	LOPEZ GABELA, RAFAEL	VETEM	10	C.A. FISIORAMA - EL TALLER	00:09:20	23	00:19:13	25	00:29:11	4:01
23	2395	CARRERA ARIAS, LAUREANO	VETEM	11	RADIKAL BIERZO TEAM	00:09:22	27	00:19:15	26	00:29:13	4:01
24	2513	ALVAREZ ARES, DAVID	VETEM	12	C. D. MONTAÑEROS	00:09:14	21	00:19:00	20	00:29:13	4:01
25	2471	PEREZ ALVAREZ, BELARMINO	VETEM	13	BOTILLOS DEL BIERZO	00:09:19	22	00:19:13	24	00:29:15	4:01
26	2431	GONZÁLEZ MANTECÓN, GUZMÁN	SENIM	13	ATLETISMO LA	00:09:21	26	00:19:13	23	00:29:21	4:02
27	2388	CALVO RAMÓN, ALEJANDRO	VETEM	14	CUBILLOS DEL SIL	00:09:24	28	00:19:27	28	00:29:38	4:05
28	2434	GONZALEZ RIVERO, ANGEL	SENIM	14	ATLETISMO LEON	00:09:21	25	00:19:17	27	00:29:42	4:05
29	2419	GAGO COSTALES, JOSE MANUEL	SENIM	15	C.D. PARAMO RUNNERS	00:09:41	33	00:19:41	29	00:29:54	4:07
30	2452	MARTÍN DEL POZO, ROBERTO	VETEM	15	RADIKAL BIERZO TEAM	00:09:53	41	00:20:03	33	00:30:12	4:09
31	2486	RODRIGUEZ OVIEDO, RAFAEL	VETEM	16	BOTILLOS DEL BIERZO	00:09:26	29	00:19:54	32	00:30:14	4:09
32	2451	LUNA MANSILLA, GASPAR	VETEM	17	RUNNING PARA TODOS	00:09:33	30	00:19:53	31	00:30:17	4:10
33	2369	ANDRES REGLERO, JAVIER	VETEM	18	TEAM BOTILLOS DEL BIERZO	00:09:40	32	00:19:53	30	00:30:17	4:10

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34	2473	PEREZ CUADRADO, VALENTÍN	VETEM	19	INTERVAL PONFERRADA	00:09:47	34	00:20:06	34	00:30:32	4:12
35	2409	FERNÁNDEZ HERRERA, LUIS	VETEM	20	RADIKAL BIERZO TEAM	00:09:51	39	00:20:09	35	00:30:54	4:15
36	2519	EL ANDALOUSSI, MOHAMMED REDA	VETEM	21	CHORCONEWRUNNERS	00:09:40	31	00:20:16	37	00:30:58	4:16
37	2427	GÓMEZ MÉNDEZ, CARLOS	VETEM	22	INTERVAL PONFERRADA	00:09:53	40	00:20:21	40	00:30:59	4:16
38	2436	GONZÁLEZ SERÉN, GERMÁN	VETEM	23	ESCUELA ATLÉTICA LUCENSE	00:09:48	37	00:20:16	36	00:31:07	4:17
39	2398	DIEZ PEREIRA, SERAFIN	VETEM	24	RADIKAL BIERZO TEAM	00:09:58	46	00:20:30	41	00:31:12	4:17
40	2420	GARCÍA MORENO, SAUL	SENIM	16	PEÑACORADA CLUB	00:09:50	38	00:20:31	42	00:31:22	4:19
41	8071	VILLAR VARGAS, NOEMÍ	VETEF	1	TRIATLON BIERZO	00:09:47	36	00:20:19	39	00:31:22	4:19
42	2443	LOPES SOUSA, EUNICIANO	SENIM	17	INDEP. LUGO	00:09:47	35	00:20:18	38	00:31:24	4:19
43	2400	DOSANTOS LUIS, IVAN	SENIM	18	ATLETISMO RÚA	00:10:02	49	00:20:38	44	00:31:24	4:19
44	2397	CHALANA TEIGA, DEIBI	SENIM	19	INTERVAL PONFERRADA	00:10:02	50	00:20:39	46	00:31:25	4:19
45	2345	ALONSO NUÑEZ, CELSO	VETEM	25	TEAM BOTILLOS DEL BIERZO	00:09:55	43	00:20:33	43	00:31:31	4:20
46	2461	OTERO SILVÁN, GONZALO	SENIM	20	PEÑACORADA CLUB	00:09:58	47	00:20:41	47	00:31:34	4:20
47	2379	ASENSIO CHACÓN, JESÚS	VETEM	26	BEER RUNNERS	00:09:57	45	00:20:39	45	00:31:35	4:21
48	2378	ARMESTO LAGO, GABINO	VETEM	27	INDEP. PONFERRADA	00:09:56	44	00:20:41	48	00:31:35	4:21
49	2442	LLAMAZARES FERRERAS, JUAN CARLOS	VETEM	28	INTERVAL LEON	00:09:59	48	00:20:42	49	00:31:37	4:21
50	2498	SANTOS CUERVO, FIDEL	VETEM	29	ATLETISMO LA	00:10:14	59	00:20:58	53	00:31:52	4:23
51	8068	RODRÍGUEZ CASTRO, KATHY	SENIF	1	CDM ALTO SIL	00:10:04	51	00:20:48	50	00:31:55	4:23
52	2510	VILA RIBERA, PABLO	VETEM	30	INTERVAL PONFERRADA	00:10:15	60	00:20:57	52	00:31:56	4:24
53	2457	MÉNDEZ LÓPEZ, JESÚS MIGUEL	VETEM	31	RADIKAL BIERZO TEAM	00:09:53	42	00:20:52	51	00:32:02	4:24
54	2517	ADRASTE, VICTOR	SENIM	21	TRI MASNOU	00:10:12	57	00:21:02	56	00:32:02	4:24
55	2402	ENERO CAMPELLO, JOSE	VETEM	32	PEÑACORADA CLUB	00:10:07	53	00:21:02	54	00:32:13	4:26
56	2440	GUERRA LÓPEZ, FERNANDO	VETEM	33	EQUILIBRIUM SPORT CENTER	00:10:05	52	00:21:02	55	00:32:22	4:27
57	2413	FERNANDEZ MARTIN, JULIAN	VETEM	34	RADIKAL BIERZO TEAM	00:10:19	62	00:21:21	60	00:32:22	4:27
58	2494	SANCHEZ INGELMO, PEDRO	VETEM	35	BIERZO TODO DEPORTE	00:10:08	54	00:21:03	58	00:32:22	4:27
59	2470	PASCUAL PÉREZ, GERARDO	VETEM	36	C.D. PARAMO RUNNERS	00:10:17	61	00:21:16	59	00:32:30	4:28
60	2428	GÓMEZ MUÑIZ, AURELIO	VETEM	37	INDEP. PONFERRADA	00:10:08	55	00:21:03	57	00:32:31	4:28
61	2364	ÁLVAREZ DEL CASTILLO, RUBÉN	SENIM	22	INDEP. PALACIOS DEL SIL	00:10:21	65	00:21:25	61	00:32:36	4:29
62	2475	PRADO GONZALEZ, MANUEL	VETEM	38	MAMBA GYM	00:10:27	66	00:21:30	63	00:32:39	4:29
63	2446	LOPEZ DIAZ, MANUEL ANGEL	VETEM	39	INDEP. PONFERRADA	00:10:21	64	00:21:28	62	00:32:40	4:30
64	2352	ALVAREZ BODELON, LUIS ANGEL	VETEM	40	INDEPENDIENTE	00:10:27	67	00:21:37	67	00:32:54	4:32
65	2496	SANTALLA YEBRA, DANIEL	VETEM	41	RADIKAL BIERZO TEAM	00:10:21	63	00:21:33	64	00:33:08	4:33
66	2391	CAÑON NOGALEDO, FAUSTINO	VETEM	42	C. ATLETISMO LEÓN	00:10:13	58	00:21:36	66	00:33:13	4:34
67	2469	PARRA RODRIGUEZ, FELIX	SENIM	23	PARRA SPORT RUNNING	00:10:12	56	00:21:36	65	00:33:19	4:35
68	8026	FERNÁNDEZ LÓPEZ, SUSANA	VETEF	2	INTERVAL PONFERRADA	00:10:29	68	00:21:48	68	00:33:24	4:36
69	2476	RAMOS CALVO, PEDRO	VETEM	43	BIERZO TODO DEPORTE	00:10:45	71	00:22:08	69	00:33:51	4:39
70	2374	ARIAS ASTORGANO, JAVIER	VETEM	44	INDEP. PONFERRADA	00:10:36	70	00:22:09	70	00:33:59	4:40
71	2448	LOPEZ MARQUES, JOHN	VETEM	45	CDA LOSADA	00:10:48	72	00:22:32	73	00:34:08	4:42

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72	2405	ENRIQUEZ BLANCO, JAVIER	VETEM	46	RADIKAL BIERZO TEAM	00:10:49	73	00:22:32	72	00:34:10	4:42
73	2512	CONESA SOBRIN, OSCAR	VETEM	47	INDEP. BEMBIBRE	00:10:32	69	00:22:17	71	00:34:10	4:42
74	2450	LÓPEZ SOTO, RICARDO	VETEM	48	INDEP. PONFERRADA	00:10:52	74	00:22:35	74	00:34:17	4:43
75	2478	REGUERO FERNANDEZ, PEDRO JOSE	VETEM	49	BEER RUNNERS	00:10:55	76	00:22:37	75	00:34:22	4:44
76	2361	ALVAREZ CARBALLO, FRANCISCO	SENIM	24	RADIKAL BIERZO TEAM	00:11:03	81	00:22:50	77	00:34:23	4:44
77	2382	BERBEL GONZALEZ, JUAN LUIS	VETEM	50	INTERVAL PONFERRADA	00:10:56	77	00:22:38	76	00:34:26	4:44
78	2472	PÉREZ ARIAS, MARCO	VETEM	51	INDEP. NOCEDA DEL BIERZO	00:10:58	80	00:23:00	80	00:34:49	4:47
79	2480	RODRÍGUEZ ÁLVAREZ, DANIEL	SENIM	25	RADIKAL BIERZO TEAM	00:11:05	83	00:23:01	81	00:34:55	4:48
80	2350	ALVAREZ BARREIRO, JUAN JOSE	SENIM	26	INDEP. PONFERRADA	00:10:52	75	00:22:58	79	00:35:01	4:49
81	8052	HERNANDEZ VEGA, SILVIA	VETEF	3	CLUB FISIOVITAL-FTRAINERS	00:10:58	79	00:22:58	78	00:35:11	4:50
82	2508	VEGA ARIAS, MIGUEL ANGEL	VETEM	52	BEER RUNNERS	00:10:57	78	00:23:07	82	00:35:37	4:54
83	2514	LOPEZ ZAMORA, JUAN MANUEL	VETEM	53	CLUB TRIATLON BIERZO	00:11:04	82	00:23:15	83	00:35:42	4:55
84	2433	GONZALEZ RIOS, JOSE	VETEM	54	RADIKAL BIERZO TEAM	00:11:31	90	00:23:46	86	00:35:47	4:55
85	2515	ALLEN, SIMON	VETEM	55	INDEP. PONFERRADA	00:11:19	85	00:23:33	84	00:35:55	4:56
86	2509	VELASCO CORRAL, MIGUEL ANGEL	VETEM	56	INDEP. PONFERRADA	00:11:18	84	00:23:39	85	00:36:03	4:57
87	2505	SUSANO TEJEDA, IVAN	SENIM	27	INDEPENDIENTE	00:11:42	93	00:23:50	87	00:36:10	4:58
88	2368	ÁLVAREZ RUBIAL, EDUARDO	VETEM	57	INDEP. CAMPONARAYA	00:11:25	86	00:23:55	88	00:36:30	5:01
89	8032	GARCIA RODRIGUEZ, BEATRIZ	VETEF	4	C.D. PARAMO RUNNERS	00:12:07	94	00:24:30	93	00:36:46	5:03
90	8063	MORAN PEREIRA, ANA	VETEF	5	RADIKAL BIERZO TEAM	00:11:28	88	00:24:11	90	00:36:51	5:04
91	2394	CARBAJO CARRETE, VICTOR	VETEM	58	INDEP. PONFERRADA	00:11:26	87	00:24:09	89	00:37:04	5:06
92	2373	ARES PÉREZ, MANUEL	VETEM	59	ADAS CAMPOS O BARCO DE	00:11:38	91	00:24:20	91	00:37:19	5:08
93	2482	RODRÍGUEZ BALIÑAS, ALFONSO	VETEM	60	RADIKAL BIERZO TEAM	00:11:30	89	00:24:30	92	00:37:30	5:09
94	2518	ARIAS GOMEZ, JULIAN	VETEM	61	INDEP. LA PLACA	00:11:42	92	00:24:52	94	00:37:59	5:13
95	2449	LOPEZ MARQUES, PABLO	VETEM	62	CDA LOSADA	00:12:10	95	00:25:10	95	00:38:51	5:21
96	8040	GUERRA FERNANDEZ, MARINA	SENIF	2	C.D. PARAMO RUNNERS	00:12:11	96	00:26:06	96	00:40:29	5:34
97	2430	GONZALEZ GONZALEZ, JOSE MARIA	VETEM	63	VALENCIA DE DON JUAN	00:12:55	97	00:26:54	97	00:41:28	5:42
98	8030	GARCIA FERRERO, ALMUDENA	VETEF	6	C.D. PARAMO RUNNERS	00:13:14	98	00:27:52	98	00:41:33	5:43
99	8006	ALONSO ALONSO, MARGARITA	VETEF	7	INDEP. SAN JUSTO DE LA	00:13:49	99	00:29:03	99	00:44:34	6:08
100	8009	CONSTENLA VILLANUEVA, PILAR	VETEF	8	BÓTILLOS DEL BIERZO	00:15:41	100	00:32:51	100	00:49:19	6:47