



# CLASIFICACIÓN GENERAL

## CROSS NOCEDA - I PRUEBA CIRCUITO CROSS DEL BIERZO

Fecha 03/01/2016

Distancia 7150 metros



Posición	Dorsal	Nombre	CATEGORIA	P.Cat.	Equipo / Club	Tpo. 1ª Vta.	Pto. 1ª V.	Tpo. 2ª Vta.	Pto. 2ª V.	T. FINAL	Min/Km
1	2590	ARIAS GARCÍA, AARÓN	SENIM	1	C.A. FISIORAMA-EL TALLER	00:08:37	1	00:17:50	1	00:27:24	3:49
2	2588	BAPTISTA SEMADO, PAULO JORGE	VETEM	1	ESTADIO GIJON	00:08:49	2	00:18:24	2	00:28:01	3:55
3	2566	RODRÍGUEZ CUEVAS, FRANCISCO	VETEM	2	CLUB LIEBANA	00:09:04	5	00:18:29	3	00:28:04	3:55
4	2576	SILVÁN SILVÁN, GUSTAVO	VETEM	3	ATLETISMO LA	00:08:58	3	00:18:37	4	00:28:40	4:00
5	2508	FERNANDEZ BLANCO, FELIPE	VETEM	4	CLUB LIEBANA	00:09:17	7	00:19:07	6	00:28:58	4:03
6	2528	GONZALEZ RODRIGUEZ, ISMAEL	SENIM	2	TRIATLON BIERZO	00:09:11	6	00:19:11	7	00:28:58	4:03
7	2530	GUERRA CASCALLANA, PEDRO	VETEM	5	ATLETISMO LA	00:09:20	10	00:19:12	8	00:29:03	4:03
8	2495	BELLO ÁLVAREZ, EULOGIO	VETEM	6	INTERVAL PONFERRADA	00:09:19	8	00:19:13	9	00:29:08	4:04
9	2552	PARDO BLANCO, FRANCISCO	VETEM	7	CLUB LIEBANA	00:09:20	9	00:19:13	10	00:29:08	4:04
10	2498	CALVO ALVAREZ, JOSE MANUEL	VETEM	8	TEAM BOTILLOS DEL BIERZO	00:09:01	4	00:19:03	5	00:29:20	4:06
11	2560	REDONDO PÉREZ, DAVID	SENIM	3	INDEP. VALDEIGLESIAS	00:09:24	13	00:19:37	12	00:29:43	4:09
12	2486	ÁLVAREZ CALERO, OSCAR	VETEM	9	CDM ALTO SIL	00:09:20	11	00:19:32	11	00:29:54	4:10
13	2519	GARCÍA BLANCO, JAIME	VETEM	10	CLUB LIEBANA	00:09:55	22	00:20:03	17	00:30:02	4:12
14	2572	SAN MIGUEL BODELÓN, JAVIER	VETEM	11	TEAM BOTILLOS DEL BIERZO	00:09:24	12	00:19:37	13	00:30:08	4:12
15	2569	RODRÍGUEZ SANTÍN, FERNANDO	VETEM	12	INTERVAL PONFERRADA	00:09:35	14	00:20:00	14	00:30:17	4:14
16	2502	CARRERA ARIAS, LAUREANO	VETEM	13	RADIKAL BIERZO TEAM	00:09:36	15	00:20:02	16	00:30:17	4:14
17	2489	ÁLVAREZ GÓMEZ, ALBERTO	SENIM	4	TRIATLON BIERZO	00:09:37	16	00:20:01	15	00:30:26	4:15
18	2570	RODRIGUEZ TERRÓN, JOSE CARLOS	VETEM	14	INTERVAL PONFERRADA	00:09:43	19	00:20:12	18	00:30:50	4:18
19	2518	GAGO COSTALES, JOSE MANUEL	SENIM	5	C.D.PARAMO	00:09:49	20	00:20:19	20	00:31:03	4:20
20	2481	AGUADO ESTEBANEZ, JORGE	SENIM	6	RADIKAL BIERZO TEAM	00:09:37	17	00:20:13	19	00:31:08	4:21
21	2527	GONZALEZ RIVERA, ANGEL	SENIM	7	C. ATLETISMO LEÓN	00:09:42	18	00:20:23	21	00:31:17	4:22
22	2505	DOCAMPO RODRÍGUEZ, RUBÉN	SENIM	8	PEÑAMBOLIA	00:10:01	24	00:20:42	23	00:31:26	4:23
23	2584	SIERRA RAMON, MIGUEL	SENIM	9	TRIATLON BIERZO	00:09:52	21	00:20:35	22	00:31:32	4:24
24	2482	ALONSO NUÑEZ, CELSO	VETEM	15	TEAM BOTILLOS DEL BIERZO	00:09:57	23	00:20:43	24	00:31:41	4:25
25	2586	GARCÍA SEGURADO, RUBEN	VETEM	16	RADIKAL BIERZO TEAM	00:10:12	30	00:21:05	25	00:32:03	4:28
26	2539	MARTÍN DEL POZO, ROBERTO	VETEM	17	RADIKAL BIERZO TEAM	00:10:08	26	00:21:13	28	00:32:03	4:29
27	2557	PEREZ CUADRADO, VALENTÍN	VETEM	18	INTERVAL PONFERRADA	00:10:12	29	00:21:12	27	00:32:09	4:29
28	2558	PÉREZ PÉREZ, MARTÍN	VETEM	19	INTERVAL PONFERRADA	00:10:15	32	00:21:14	29	00:32:13	4:30
29	2507	ENERO TEIXEIRA, DANIEL	SENIM	10	PEÑACORADA CLUB	00:10:07	25	00:21:07	26	00:32:15	4:30
30	2567	RODRIGUEZ OVIEDO, RAFAEL	VETEM	20	TEAM BOTILLOS DEL BIERZO	00:10:14	31	00:21:29	31	00:32:42	4:34
31	2513	FERNANDEZ VEGA, FRANCISCO	VETEM	21	CLUB LIEBANA	00:10:21	35	00:21:41	33	00:32:46	4:35
32	2589	CHALANA TEIGA, DEIBI	SENIM	11	INTELLIGENT INTERVAL	00:10:08	28	00:21:22	30	00:32:47	4:35
33	2522	GÓMEZ MÉNDEZ, CARLOS	VETEM	22	INTERVAL PONFERRADA	00:10:19	34	00:21:32	32	00:33:00	4:36

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34	8041	VILLAR VARGAS, NOEMÍ	VETEF	1	TRIATLON BIERZO	00:10:30	41	00:21:51	35	00:33:12	4:38
35	2547	OVALLE FIERRO, ROBERTO	VETEM	23	TVITEC RUNING	00:10:31	42	00:21:52	36	00:33:13	4:38
36	2514	FERRERO CUETO, JUAN CARLOS	VETEM	24	C.D.PARAMO	00:10:37	44	00:22:01	39	00:33:28	4:40
37	2506	ENERO CAMPELLO, JOSE	VETEM	25	PEÑACORADA CLUB	00:10:29	39	00:22:05	41	00:33:30	4:41
38	2491	ANDRES REGLERO, JAVIER	VETEM	26	TEAM BÓTILLOS DEL BIERZO	00:10:32	43	00:22:00	38	00:33:31	4:41
39	2515	FIDALGO GARCÍA, JUAN CARLOS	VETEM	27	INDEP. PONFERRADA	00:10:44	48	00:22:05	40	00:33:35	4:41
40	2583	YANET, CARLOS	SENIM	12	RADIKAL BIERZO TEAM	00:10:08	27	00:21:47	34	00:33:43	4:42
41	2492	ARES FARPON, FABIO	VETEM	28	RADIKAL BIERZO TEAM	00:10:16	33	00:21:55	37	00:33:46	4:43
42	2543	MENDEZ CUADRADO, ROBERTO	VETEM	29	INDEPENDIENTE	00:10:44	49	00:22:18	46	00:33:48	4:43
43	2555	PASCUAL PÉREZ, GERARDO	VETEM	30	C.D.PARAMO	00:10:37	46	00:22:10	44	00:33:49	4:43
44	2574	SANTIN QUIROGA, JOSE ANTONIO	VETEM	31	TRIATLON BIERZO	00:10:49	52	00:22:30	50	00:33:49	4:43
45	2523	GÓMEZ MUÑIZ, AURELIO	VETEM	32	INDEP. PONFERRADA	00:10:37	45	00:22:10	43	00:33:53	4:44
46	2582	VIDALES QUINTANA, JOSE	VETEM	33	CLUB ATLETISMO TELENO	00:10:28	37	00:22:10	42	00:34:03	4:45
47	2554	PARRA RODRIGUEZ, FELIX	SENIM	13	PARRA SPORT RUNNING	00:10:29	38	00:22:18	45	00:34:09	4:46
48	2524	GÓMEZ SERNA, FERNANDO	VETEM	34	CLUB LIEBANA	00:10:46	50	00:22:25	49	00:34:10	4:46
49	2545	OTERO SILVÁN, GONZALO	SENIM	14	PEÑACORADA CLUB	00:10:30	40	00:22:20	47	00:34:17	4:47
50	2591	ALVAREZ MOLINERO, ARTURO	VETEM	35	INDEP. IRUEÑA	00:10:43	47	00:22:25	48	00:34:18	4:47
51	2559	PRADO GONZALEZ, MANUEL	VETEM	36	MAMBA GYM	00:10:57	55	00:22:49	53	00:34:33	4:49
52	2487	ÁLVAREZ DEL CASTILLO, RUBÉN	SENIM	15	PALACIOS DEL SIL	00:10:49	51	00:22:42	51	00:34:44	4:51
53	2520	GARCÍA MORENO, SAUL	SENIM	16	PEÑACORADA CLUB	00:10:50	53	00:22:55	54	00:34:53	4:52
54	2501	CAÑON NOGALEDO, FAUSTINO	VETEM	37	C. ATLETISMO LEÓN	00:10:56	54	00:22:59	56	00:34:56	4:53
55	2510	FERNANDEZ HERRERA, LUIS	VETEM	38	RADIKAL BIERZO TEAM	00:10:22	36	00:22:43	52	00:35:08	4:54
56	2573	SANCHEZ INGELMO, PEDRO	VETEM	39	BIERZO TODO DEPORTE	00:10:57	56	00:22:58	55	00:35:18	4:56
57	8011	FERNÁNDEZ LÓPEZ, SUSANA	VETEF	2	INTERVAL PONFERRADA	00:10:59	57	00:23:05	57	00:35:22	4:56
58	2578	TEIXERA MARTINS, CAROLINO	VETEM	40	CLUB ATLETISMO TELENO	00:11:05	59	00:23:18	59	00:35:38	4:59
59	2485	ÁLVAREZ BODELÓN, LUIS ÁNGEL	VETEM	41	INDEP. PONFERRADA	00:11:07	61	00:23:25	60	00:35:51	5:00
60	2493	ARIAS ASTORGANO, JAVIER	VETEM	42	INDEP. PONFERRADA	00:11:31	67	00:23:48	63	00:35:56	5:01
61	2542	MEIRIÑO FILGUEIRA, CARLOS	SENIM	17	TITANES DEL SIL	00:11:03	58	00:23:17	58	00:36:01	5:02
62	2494	ASENSIO CHACÓN, JESÚS	VETEM	43	BEER RUNNERS	00:11:18	64	00:23:36	62	00:36:04	5:02
63	2516	FIDALGO RODRÍGUEZ, JESÚS ANTONIO	VETEM	44	PARRA SPORT RUNNING	00:11:09	63	00:23:32	61	00:36:05	5:02
64	2585	ENRIQUEZ BLANCO, JAVIER	VETEM	45	RADIKAL BIERZO TEAM	00:11:06	60	00:23:53	65	00:36:14	5:04
65	2579	VEGA ARIAS, MIGUEL ANGEL	VETEM	46	BEER RUNNERS	00:11:27	66	00:23:57	66	00:36:39	5:07
66	2531	GUERRERO BLANCO, ANGEL	VETEM	47	RECREATE RUNNING	00:11:57	77	00:24:22	69	00:36:43	5:08
67	2497	BERBEL GONZALEZ, JUAN LUIS	VETEM	48	INTERVAL PONFERRADA	00:11:48	74	00:24:17	68	00:36:52	5:09
68	2483	ALVAREZ BARREIRO, JUAN JOSE	SENIM	18	INDEP. PONFERRADA	00:11:23	65	00:23:59	67	00:36:55	5:09
69	2511	FERNÁNDEZ HINOJOSA, MARCOS	VETEM	49	VETERANOS CUA	00:11:08	62	00:23:49	64	00:36:56	5:09
70	2533	LEDESMA MARTIN PINTADO, SANTIAGO	VETEM	50	INDEP. MADRID	00:11:48	73	00:24:27	71	00:37:10	5:11
71	8027	HERNÁNDEZ VEGA, SILVIA	VETEF	3	CLUB FISIOVITAL-FTRAINERS	00:11:39	69	00:24:30	72	00:37:16	5:12

Posición	Dorsal	Nombre	CATEGORIA	P.Cat.	Equipo / Club	Tpo. 1ª Vta.	Pto. 1ª V.	Tpo. 2ª Vta.	Pto. 2ª V.	T. FINAL	Min/Km
72	2562	RODERO LOZANO, FRANCISCO JAVIER	VETEM	51	INDEP. PONFERRADA	00:11:49	75	00:24:31	73	00:37:26	5:14
73	2556	PÉREZ ARIAS, MARCO	VETEM	52	NOCEDA DEL BIERZO	00:11:41	70	00:24:27	70	00:37:32	5:15
74	2563	RODRIGUEZ ASENSIO, JULIAN	VETEM	53	CDM ALTO SIL	00:12:01	78	00:24:49	76	00:37:41	5:16
75	2564	RODRIGUEZ BALIÑAS, ALFONSO	VETEM	54	RADIKAL BIERZO TEAM	00:11:42	71	00:24:46	75	00:37:49	5:17
76	8018	GARCIA RODRIGUEZ, BEATRIZ	VETEF	4	C.D. PARAMO	00:12:05	80	00:24:50	77	00:37:57	5:18
77	2504	CONESA SOBRIN, OSCAR	VETEM	55	INDEPENDIENTE	00:11:43	72	00:24:52	78	00:38:06	5:19
78	2575	SATURIO BALBUENA, MIGUEL ÁNGEL	VETEM	56	MTB-RUNNERS	00:11:37	68	00:24:45	74	00:38:06	5:19
79	2561	REGUERO FERNÁNDEZ, PEDRO JOSE	VETEM	57	BEER RUNNERS	00:11:56	76	00:25:09	79	00:38:29	5:22
80	2534	LOPEZ MARQUES, JOHN	VETEM	58	CDA LOSADA	00:12:44	84	00:25:55	82	00:39:07	5:28
81	2550	PARDO ARIAS, JORGE	SENIM	19	TITANES DEL SIL	00:12:30	83	00:25:54	81	00:39:19	5:30
82	2551	PARDO ARIAS, RAFAEL	SENIM	20	TITANES DEL SIL	00:12:23	82	00:25:40	80	00:39:27	5:31
83	2580	VEGA LLAMAS, VICTOR	SENIM	21	INDEP. MADRID	00:12:03	79	00:26:27	84	00:40:18	5:38
84	2517	FRAGERO BLESA, AGUSTÍN	VETEM	59	RECREO RUNNING	00:12:59	85	00:26:56	85	00:40:31	5:40
85	2499	CALVO GARCÍA, CESAR	VETEM	60	NOCEDA DEL BIERZO	00:12:17	81	00:26:10	83	00:41:20	5:46
86	2535	LOPEZ MARQUES, PABLO	VETEM	61	CDA LOSADA	00:13:02	86	00:27:09	86	00:41:41	5:49
87	8006	ALONSO FIERRO, ESTRELLA	VETEF	5	INDEP. ASTORGA	00:13:19	88	00:28:24	88	00:43:06	6:01
88	2587	MARTINS TEIXEIRA, JUAN JOSÉ	VETEM	62	INDEPENDIENTE	00:13:18	87	00:28:23	87	00:43:07	6:01
89	2503	CEREZO PARDO, FRANCISCO JAVIER	VETEM	63	C.D. PARAMO	00:13:47	89	00:29:15	90	00:44:27	6:13
90	8019	GARCIA FERRERO, ALMUDENA	VETEF	6	C.D. PARAMO	00:13:47	90	00:29:15	89	00:44:27	6:13
91	2526	GONZALEZ GONZALEZ, JOSE MARIA	VETEM	64	NUNCA CORRERAS SOLO	00:13:54	91	00:29:30	91	00:45:39	6:23
92	2592	ARIAS GARCIA, JOSE ANGEL	VETEM	65	INDEP. BEMBIBRE	00:14:43	92	00:30:59	92	00:47:12	6:36
93	2553	PARRA MARTÍNEZ, MANUEL ANGEL	VETEM	66	MIRAVALLS	00:15:18	93	00:31:52	93	00:48:44	6:49