



CLASIFICACIÓN POR CATEGORIAS

VI CARRERA POPULAR "RUNFOZRUN"

Fecha 15/08/2015

Distancia 7000 metros



SENIOR FEMENINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|-----------------------------------|------------------------|---------------|
| 1 | 107 | 512 | 00:31:52 | BOHME , KAROLA | CLUB ZEPPELIN ATLETICO | LUGO |
| 2 | 122 | 474 | 00:32:13 | PENAS TALLON, CRISTINA | INDEPENDIENTE | LUGO |
| 3 | 157 | 129 | 00:33:55 | FERNANDEZ YAÑEZ, SANDRA | MARZO SAUDE | CASTROVERDE |
| 4 | 167 | 345 | 00:34:14 | RODRIGUEZ-GIGIREY VILLAR, ROSALIA | LUCUS CAIXA RURAL | FOZ |
| 5 | 191 | 28 | 00:34:58 | ARIAS CEDRÓN, ESTEFANÍA | MONTEPENARUBIA LUGO | LUGO |
| 6 | 218 | 174 | 00:35:38 | HAKOMAKI, MEGAN | INDEPENDIENTE | BRUNETE |
| 7 | 223 | 272 | 00:35:53 | OTEROS OURAL, MIREIA | TRIASME | BARCELONA |
| 8 | 245 | 299 | 00:37:07 | PORTERO VAZQUEZ, NATALIA | INDEPENDIENTE | BARCELONA |
| 9 | 264 | 97 | 00:38:11 | DIAZ LOPEZ, ELI | ATLETISMO RIBADEO | RIBADEO |
| 10 | 265 | 322 | 00:38:13 | RIVERA ARNAN, MARIA | INDEPENDIENTE | FOZ |
| 11 | 277 | 464 | 00:38:43 | MORENO GONZALEZ, SUSANA | INDEPENDIENTE | MADRID |
| 12 | 284 | 331 | 00:39:01 | RODRIGUEZ FERRO, PATRICIA | INDEPENDIENTE | LUGO |
| 13 | 287 | 208 | 00:39:22 | LOPEZ GARCIA, YESICA | INDEPENDIENTE | ASTURIAS |
| 14 | 294 | 203 | 00:39:44 | LÓPEZ DINIZ, CARMEN | E.D. LOURENZÁ | LOURENZÁ |
| 15 | 300 | 156 | 00:39:53 | GOMEZ PALLIN, ALBA | MARZO SAUDE | CASTROVERDE |
| 16 | 317 | 240 | 00:40:32 | MICHAVILA LOPEZ, MARTA | INDEPENDIENTE | ZARAGOZA |
| 17 | 324 | 298 | 00:40:47 | PIÑEIROA REGO, CRISTINA | INDEPENDIENTE | BURELA |
| 18 | 326 | 270 | 00:40:50 | OTERO MOIRÓN, SILVIA | INDEPENDIENTE | BARREIROS |
| 19 | 327 | 443 | 00:41:05 | HITA PEREZ, BEGOÑA | INDEPENDIENTE | MADRID |
| 20 | 329 | 176 | 00:41:11 | HEVIA MEANA, VIRGINIA | METROPOLITAN | GIJON |
| 21 | 344 | 48 | 00:41:47 | BOUSO RIVAS, TAMARA | INDEPENDIENTE | A PASTORIZA |
| 22 | 349 | 157 | 00:41:56 | GÓMEZ TRUEBA, PAULA | MICASA | MADRID |
| 23 | 351 | 17 | 00:41:58 | ALONSO SUAREZ, CARMEN | INDEPENDIENTE | OVIEDO |
| 24 | 354 | 336 | 00:42:03 | RODRIGUEZ MUINELO, CARMEN | INDEPENDIENTE | CASTRO DE REI |
| 25 | 356 | 503 | 00:42:09 | ALVAREZ, ANDREA | INDEPENDIENTE | FOZ |
| 26 | 365 | 397 | 00:42:33 | ALONSO SUÁREZ, LAURA | INDEPENDIENTE | OVIEDO |
| 27 | 371 | 339 | 00:43:07 | RODRÍGUEZ PEREIRA, LAURA | INDEPENDIENTE | LUGO |
| 28 | 372 | 340 | 00:43:09 | RODRÍGUEZ PEREIRA, PILAR | INDEPENDIENTE | LUGO |
| 29 | 375 | 278 | 00:43:17 | PALMEIRO SAMPAYO, VIRGINIA | INDEPENDIENTE | FOZ |
| 30 | 390 | 428 | 00:44:23 | PRIETO LONGARELA, MARIA | INDEPENDIENTE | MADRID |
| 31 | 391 | 162 | 00:44:30 | GONZALEZ GONZALEZ, LUCIA | INDEPENDIENTE | LUGO |
| 32 | 398 | 40 | 00:45:23 | BECARES RODRIGUEZ, LAURA | INDEPENDIENTE | OVIEDO |
| 33 | 399 | 193 | 00:45:24 | LOPES SARAIVA, EDIAMA | INDEPENDIENTE | FOZ |
| 34 | 401 | 347 | 00:45:24 | ROMERO UGARTE, CARMEN | INDEPENDIENTE | BARCELONA |
| 35 | 402 | 204 | 00:45:25 | LOPEZ FERNANDEZ, PAMELA | INDEPENDIENTE | FOZ |
| 36 | 403 | 20 | 00:45:26 | ALVAREZ FREIRE, COVADONGA | INDEPENDIENTE | FERROL |
| 37 | 411 | 458 | 00:45:55 | JUNOY GUTIERREZ, NEREA | INDEPENDIENTE | MADRID |
| 38 | 414 | 429 | 00:46:06 | PRIETO LONGARELA, PATRICIA | INDEPENDIENTE | MADRID |
| 39 | 420 | 404 | 00:47:21 | FONSECA PÉREZ, SOFIA | INDEPENDIENTE | ARANJUEZ |
| 40 | 431 | 282 | 00:48:47 | PARDIÑAS VEGA, CONCHI | INDEPENDIENTE | ALFOZ |

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SENIOR FEMENINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|---------------------------------|---------------|-----------|
| 41 | 437 | 460 | 00:50:12 | DOMINGUEZ GONZALEZ, PAULA | INDEPENDIENTE | GETAFE |
| 42 | 438 | 214 | 00:50:32 | LOPEZ OCAMPO, MARTA | INDEPENDIENTE | BARREIROS |
| 43 | 442 | 252 | 00:51:18 | MOREDA LEIRADO, MARÍA LUISA | INDEPENDIENTE | FOZ |
| 44 | 443 | 134 | 00:51:25 | FRANCO CANOURA, MARTA | INDEPENDIENTE | RIO COBO |
| 45 | 444 | 294 | 00:51:28 | PEREZ SOLERO, DANIELA | EL SEK | MADRID |
| 46 | 446 | 448 | 00:51:46 | PEREZ CANO, MARIA DOLORES | INDEPENDIENTE | MURCIA |
| 47 | 448 | 316 | 00:52:08 | REIMUNDE GARCIA, VIOLETA | INDEPENDIENTE | A CORUÑA |
| 48 | 450 | 446 | 00:59:36 | MINGUEZ GRACIA, PAULA | INDEPENDIENTE | MADRID |
| 49 | 451 | 463 | 00:59:41 | GONZALEZ GUTIERREZ, MARIA ELENA | INDEPENDIENTE | MADRID |

SENIOR MASCULINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|-----------------------------------|-------------------------------------|--------------------|
| 1 | 1 | 471 | 00:22:46 | GONZALEZ CARBALLADA, MIGUEL | CLUB LUCUS CAIXA RURAL | LUGO |
| 2 | 2 | 1 | 00:22:54 | BUJAN RODRÍGUEZ, OSCAR | TRIATLÓN SALTOKI-TRIKIDEAK | CANGAS DEL NARCEA |
| 3 | 3 | 32 | 00:23:13 | ARROJO FERNÁNDEZ, NICOLÁS | LUCUS CAIXA RURAL GALEGA | LUGO |
| 4 | 6 | 2 | 00:24:16 | EL ANBI, JAMAL | MARTINEZ OTERO | CHOZAS DE CANALES |
| 5 | 7 | 473 | 00:24:18 | PENAS TALLON, JOSE ANGEL | JIMBARÁN RUNNING LUGO | LUGO |
| 6 | 10 | 14 | 00:24:39 | EIRAS RODRIGUEZ, MANUEL | MARTINEZ OTERO | FOZ |
| 7 | 12 | 131 | 00:25:50 | FOLGUEIRA DÍAZ, MANUEL | INDEPENDIENTE | FOZ |
| 8 | 13 | 384 | 00:25:51 | VILLABA LOREDO, ALEX | ED LOURENZÁ | BARREIROS |
| 9 | 14 | 213 | 00:26:04 | LOPEZ MOLINA, ALEX | INDEPENDIENTE | BARCELONA |
| 10 | 16 | 321 | 00:26:27 | RIVAS TERRÓN, AARÓN | E.D. LOURENZÁ | LOURENZÁ |
| 11 | 21 | 493 | 00:27:13 | GARGALLO MENDEZ, BORJA | INDEPENDIENTE | SAN CIBRAO |
| 12 | 23 | 182 | 00:27:18 | IZQUIERDO FRAGA, OSCAR | BURELA | BURELA |
| 13 | 24 | 105 | 00:27:32 | EL KAMEL, AYOUB | MARTINEZ OTERO | FOZ |
| 14 | 25 | 218 | 00:27:33 | LÓPEZ VALCARCE, SERGIO | PORCOS BRAVOS RUNNING BY CAFE BAR K | LUGO |
| 15 | 26 | 335 | 00:27:36 | RODRÍGUEZ LÓPEZ, IVÁN | CLUB MONTEPENARUBIA | LUGO |
| 16 | 27 | 106 | 00:27:38 | ELUSTONDO GARATE, ARITZ | INDEPENDIENTE | ZESTOA(GUIPUZCOA) |
| 17 | 28 | 73 | 00:27:41 | CARRASCAL INCERA, ANDRÉ | ZABBA ZAPATERÍA | FOZ |
| 18 | 30 | 494 | 00:27:54 | MIGUEZ VAZQUEZ, VICTOR | INDEPENDIENTE | BURELA |
| 19 | 39 | 89 | 00:28:23 | DE LA VILLA SANCHEZ, MIGUEL ÁNGEL | FONDISTAS DEL OLIVAR | COLMENAR VIEJO |
| 20 | 40 | 122 | 00:28:25 | FERNANDEZ OLLOQUI, ENRIQUE | OLLOQUI RUNNING | MADRID |
| 21 | 47 | 403 | 00:28:55 | MARTINEZ, MOISÉS | INDEPENDIENTE | EL ESCORIAL |
| 22 | 48 | 509 | 00:28:57 | CONDE LLENDEROZOS, MARCOS | CLUBE DE ATLETISMO RIBADEO | RIBADEO |
| 23 | 49 | 117 | 00:29:04 | FERNANDEZ LOPEZ, ABEL | INDEPENDIENTE | BURELA |
| 24 | 57 | 326 | 00:29:25 | RODIL RUA, DIEGO | CATACRUNNERS | FOZ |
| 25 | 61 | 125 | 00:29:50 | FERNÁNDEZ PENA, PABLO | INDEPENDIENTE | FOZ |
| 26 | 67 | 149 | 00:29:59 | GARCÍA VÁZQUEZ, XURXO | INDEPENDIENTE | FOZ |
| 27 | 74 | 159 | 00:30:32 | GONZÁLEZ ALVAREZ, MANUEL | INDEPENDIENTE | MADRID |
| 28 | 79 | 255 | 00:30:40 | MORENO GARCÍA, VÍCTOR | ATLETISMO CORVERA | PRAVIA |
| 29 | 80 | 27 | 00:30:42 | AREVALO MILLAN, DAVID | INDEPENDIENTE | MADRID |
| 30 | 86 | 4 | 00:31:07 | IGLESIAS IGLESIAS, CARLOS | INDEPENDIENTE | MADRID |
| 31 | 87 | 302 | 00:31:07 | POZO DIAZ, DAVID | INDEPENDIENTE | O CORGO |
| 32 | 90 | 522 | 00:31:15 | GONZALEZ MARTI, JUAN | INDEPENDIENTE | FIGUERAS. ASTURIAS |
| 33 | 95 | 286 | 00:31:24 | PAZ QUINTELA, JOSÉ MANUEL | INDEPENDIENTE | O CORGO |
| 34 | 96 | 307 | 00:31:30 | PUMARIÑO PÉREZ, AMADOR | ATLETISMO FONTES DO SAR | MONDOÑEDO |

SENIOR MASCULINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|--------------------------------|-----------------------|------------------------|
| 35 | 108 | 479 | 00:31:53 | PEREZ PEREZ, MANUEL | INDEPENDIENTE | SAN COSME DE BARREIROS |
| 36 | 116 | 75 | 00:32:08 | CASTRO COUTO, ÁNGEL | INDEPENDIENTE | FOZ |
| 37 | 118 | 55 | 00:32:10 | CALVECHE BARRANCO, DIEGO | MARTINEZ OTERO | BURELA |
| 38 | 119 | 386 | 00:32:11 | VILLAMONTE DIAZ, MATEO | INDEPENDIENTE | OVIEDO |
| 39 | 120 | 160 | 00:32:11 | GONZALEZ ARGANDA, SERGIO | INDEPENDIENTE | MADRID |
| 40 | 125 | 496 | 00:32:32 | PALEO FRA, FABIO | INDEPENDIENTE | XOVE |
| 41 | 126 | 369 | 00:32:33 | URBANO MARTÍNEZ, JORGE | INDEPENDIENTE | BURELA |
| 42 | 128 | 274 | 00:32:38 | RODRIGUEZ CLARO, JORGE | INDEPENDIENTE | MADRID |
| 43 | 129 | 320 | 00:32:43 | RIVAS FERNANDEZ, JOSE ANGEL | INDEPENDIENTE | LUGO |
| 44 | 134 | 237 | 00:32:52 | MENDEZ VIDAL, RUBEN | ATLETISMO LOURENZA | LOURENZA |
| 45 | 136 | 414 | 00:32:59 | GARCIA NOGUEIRA, JOSÉ | INDEPENDIENTE | BARCELONA |
| 46 | 137 | 284 | 00:33:01 | PARGA LOPEZ, MARIO | INDEPENDIENTE | LUGO |
| 47 | 140 | 146 | 00:33:07 | GARCIA LOPEZ, MIGUEL ANGEL | INDEPENDIENTE | BURELA |
| 48 | 141 | 139 | 00:33:12 | GARCIA AMOR, AITOR | INDEPENDIENTE | TAPIA DE CASARIEGO |
| 49 | 148 | 100 | 00:33:30 | DIAZ URBIETA, ANTONIO | MARTINEZ OTERO | CARBALLO |
| 50 | 150 | 245 | 00:33:41 | MÍGUEZ SAN ISIDRO, BENIGNO | INDEPENDIENTE | CELEIRO |
| 51 | 156 | 457 | 00:33:54 | RODRIGUEZ GONZALEZ, OSCAR | INDEPENDIENTE | FOZ |
| 52 | 161 | 10 | 00:33:59 | ALEDO DIAZ, ALFONSO | INDEPENDIENTE | LEON |
| 53 | 175 | 402 | 00:34:35 | ALVAREZ FERNANDEZ, ADRIAN | INDEPENDIENTE | FOZ |
| 54 | 176 | 401 | 00:34:36 | PAZ DIAZ, BRAIS | INDEPENDIENTE | FOZ |
| 55 | 185 | 234 | 00:34:51 | MEDRANO HERGUEDAS, CARLOS | INDEPENDIENTE | VALLADOLID |
| 56 | 192 | 72 | 00:34:59 | CARRALERO CABALLERO, HOSE LUIS | INDEPENDIENTE | TORRES DE LA ALAMEDA |
| 57 | 194 | 476 | 00:35:02 | FERNANDEZ BALSEIRO, HUGO | INDEPENDIENTE | LUGO |
| 58 | 201 | 163 | 00:35:20 | GONZALEZ GUTIERREZ, ALBERTO | INDEPENDIENTE | MADRID |
| 59 | 205 | 258 | 00:35:24 | MOSTEIRO, JUAN MANUEL | MIÑO | LUGO |
| 60 | 209 | 172 | 00:35:27 | GRUÑEIRO IGLESIA, DAVID | INDEPENDIENTE | NS |
| 61 | 210 | 93 | 00:35:27 | DIAZ CARRO, FABIO | INDEPENDIENTE | NS |
| 62 | 217 | 290 | 00:35:38 | PÉREZ LOBERA, RUBÉN | FOZ | FOZ |
| 63 | 221 | 102 | 00:35:50 | DIEGO GARCIA, JULIO DIEGO | INDEPENDIENTE | ASTURIAS |
| 64 | 227 | 281 | 00:36:09 | PARADA REGO, ÓSCAR | INDEPENDIENTE | RIBEIRA |
| 65 | 230 | 431 | 00:36:14 | BODELON LOPEZ, IAGO | INDEPENDIENTE | MADRID |
| 66 | 232 | 246 | 00:36:21 | MIMOSO BARTOLOME, JONATHAN | INDEPENDIENTE | BEMBIBRE |
| 67 | 236 | 421 | 00:36:33 | MARTINEZ MENDEZ, VICTOR | INDEPENDIENTE | FOZ |
| 68 | 239 | 477 | 00:36:50 | EIJO GIL, ANTON | INDEPENDIENTE | FOZ |
| 69 | 240 | 152 | 00:36:53 | GOMEZ COUTO, DIEGO | MARTINEZ OTERO | FOZ |
| 70 | 242 | 190 | 00:36:56 | LAMOCA REBOLLO, ALBERTO | INDEPENDIENTE | VALLADOLID |
| 71 | 243 | 452 | 00:37:00 | DIAZ PRADO, RUBEN | INDEPENDIENTE | FOZ |
| 72 | 244 | 76 | 00:37:07 | CASTRO GARCÍA, RUBÉN | INDEPENDIENTE | VALLADOLID |
| 73 | 247 | 154 | 00:37:17 | GOMEZ MARTÍNEZ, ALFONSO | INDEPENDIENTE | FOZ |
| 74 | 253 | 483 | 00:37:23 | RIVAS SANTE, ADRIAN | INDEPENDIENTE | FOZ |
| 75 | 260 | 453 | 00:37:50 | MARTINEZ PARAPAR, ALEJANDRO | INDEPENDIENTE | FOZ |
| 76 | 262 | 287 | 00:38:03 | PAZ SIXTO, MIGUEL | TOXIZA CLASSIC XTREME | MONDOÑEDO |
| 77 | 273 | 158 | 00:38:34 | GOMEZ ZAS, PABLO | INDEPENDIENTE | FOZ |
| 78 | 279 | 432 | 00:38:47 | FERNANDEZ LONGARELA, ADRIAN | INDEPENDIENTE | MADRID |
| 79 | 288 | 95 | 00:39:29 | DIAZ FERNANDEZ, JAVIER | INDEPENDIENTE | FOZ |

SENIOR MASCULINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|------------------------------|--------------------|--------------------|
| 80 | 289 | 120 | 00:39:30 | FERNÁNDEZ NEIRA, ÁNGEL | CLUB CLIQLISTA FOZ | FOZ |
| 81 | 299 | 376 | 00:39:52 | VALIÑO CASTEDO, JOSE LUIS | MARZO SAUDE | CASTROVERDE |
| 82 | 301 | 94 | 00:39:57 | DIAZ FERNANDEZ, IAGO | INDEPENDIENTE | FOZ |
| 83 | 310 | 319 | 00:40:17 | RIVAS, MARCOS | INDEPENDIENTE | FOZ |
| 84 | 316 | 68 | 00:40:32 | CAO REGO, DIEGO | INDEPENDIENTE | FOZ |
| 85 | 325 | 29 | 00:40:48 | ARIAS FRANCO, IBAN | INDEPENDIENTE | BARREIROS |
| 86 | 338 | 222 | 00:41:32 | MARFUL ABA, RAFAEL | INDEPENDIENTE | FOZ |
| 87 | 339 | 85 | 00:41:39 | COUREL REPISO, LUIS | INDEPENDIENTE | FOZ |
| 88 | 340 | 6 | 00:41:39 | ABELLA GONZÁLEZ, ALVARO | PIPELINE | FOZ |
| 89 | 345 | 114 | 00:41:48 | FERNÁNDEZ GARCÍA, ENRIQUE | INDEPENDIENTE | A PASTORIZA |
| 90 | 374 | 478 | 00:43:17 | ESTEVEZ GAYOSO, ADRIAN | INDEPENDIENTE | LUGO |
| 91 | 381 | 420 | 00:43:35 | REPRESAS PEREIRA, DAVID | INDEPENDIENTE | SALCEDA DE CASELAS |
| 92 | 389 | 63 | 00:44:13 | CAMPELLO GARCIA, MARCOS | INDEPENDIENTE | OVIEDO |
| 93 | 392 | 138 | 00:44:31 | GALLEGO EDROSA, IVAN | INDEPENDIENTE | LUGO |
| 94 | 400 | 357 | 00:45:24 | SANROMAN SALMADOR, EDUARDO | INDEPENDIENTE | BARCELONA |
| 95 | 408 | 459 | 00:45:46 | JUNOY GUTIERREZ, PABLO | INDEPENDIENTE | MADRID |
| 96 | 409 | 484 | 00:45:51 | HERNANDEZ DIAZ, MIGUEL | INDEPENDIENTE | MADRID |
| 97 | 412 | 56 | 00:45:56 | CALVECHE BORRONCO, HUGO | MARTINEZ OTERO | BURELA |
| 98 | 415 | 356 | 00:46:11 | SANCHEZ HERNANDEZ, ALEJANDRO | INDEPENDIENTE | MADRID |
| 99 | 417 | 444 | 00:47:05 | MINGUEZ GRACIA, BORJA | INDEPENDIENTE | MADRID |
| 100 | 430 | 79 | 00:48:33 | CHAO PEREZ, LUCA | INDEPENDIENTE | LUGO |

VETERANAS "A" FEMENINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|--------------------------------|-------------------------|-------------------------|
| 1 | 35 | 306 | 00:28:10 | PRIETO DIAZ, LETICIA | RECTA FINAL - TOSCAF | PRAVIA |
| 2 | 70 | 285 | 00:30:14 | PASARIN MON, KARINA | MONTEPENARUBIA | LUGO |
| 3 | 72 | 500 | 00:30:26 | FERNANDEZ, SILVIA MARIA | INDEPENDIENTE | OVIEDO |
| 4 | 83 | 364 | 00:30:53 | SUAREZ DIAZ, FINA | ATLETISMO RIBADEO | RIBADEO |
| 5 | 105 | 291 | 00:31:47 | PEREZ RIO, JOSEFINA | INDEPENDIENTE | BURELA |
| 6 | 112 | 5 | 00:31:57 | ABAD GUTIERREZ, LAURA | CORRIENDO POR PALENCIA | PALENCIA |
| 7 | 197 | 391 | 00:35:04 | VILLAVERDE INFANZÓN, MIRIAM | INDEPENDIENTE | FOZ |
| 8 | 199 | 398 | 00:35:16 | GARCIA FOLGUEIRA, ICIAR | INDEPENDIENTE | FOZ |
| 9 | 214 | 360 | 00:35:34 | SEOANE CABANOVA, BERTA | INDEPENDIENTE | LUGO |
| 10 | 224 | 183 | 00:36:05 | JIMENEZ GOMEZ, ANA BELEN | INDEPENDIENTE | ZAMORA |
| 11 | 237 | 462 | 00:36:39 | MONTANER VIDAL, CONCHI | A.D SAN BURIEL - MADRID | A.D SAN BURIEL - MADRID |
| 12 | 272 | 191 | 00:38:26 | LEIRADO RIVEIRO, ANNA | INDEPENDIENTE | PUIGCERDÁ |
| 13 | 281 | 301 | 00:38:59 | POYATOS PEREZ, ROCIO | INDEPENDIENTE | JAEN |
| 14 | 305 | 18 | 00:40:05 | ALONSO ZAMORA, NIEVES | INDEPENDIENTE | TRES CANTOS |
| 15 | 318 | 259 | 00:40:34 | MUNOZ DE LA FUENTE, INMACULADA | INDEPENDIENTE | LEON |
| 16 | 319 | 244 | 00:40:34 | MIGUEZ CHAO, RAQUEL | EGOVARROS | VIVEIRO |
| 17 | 321 | 207 | 00:40:37 | LOPEZ GARCIA, EVA | INDEPENDIENTE | MADRID |
| 18 | 336 | 86 | 00:41:29 | CRESPO PAZOS, PAULA | INDEPENDIENTE | SAN SADURNIÑO |
| 19 | 341 | 132 | 00:41:41 | FRAGA LOPEZ, ANGELES | GACELAS DE LLAS | FOZ |
| 20 | 346 | 411 | 00:41:48 | SUAREZ ARBESÚ, LAURA | INDEPENDIENTE | OVIEDO |
| 21 | 352 | 304 | 00:41:59 | PRADO PRADO, SONIA | EA LUCENSE | LUGO |
| 22 | 355 | 481 | 00:42:04 | REY LAGE, LARA | INDEPENDIENTE | FOZ |

VETERANAS "A" FEMENINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|-------------------------------|-----------------------------|---------------|
| 23 | 360 | 145 | 00:42:19 | GARCIA GARCIA, SANDRA | INDEPENDIENTE | ASTURIAS |
| 24 | 363 | 217 | 00:42:25 | LÓPEZ TRABADO, BEATRIZ | RIOS RUNNING LES FRANQUESES | GRANOLLERS |
| 25 | 370 | 25 | 00:43:05 | AMASUNO MARTIN, ALEJANDRA | INDEPENDIENTE | FOZ |
| 26 | 377 | 241 | 00:43:21 | MIEITES BASTIDA, LORETO | INDEPENDIENTE | FOZ |
| 27 | 382 | 178 | 00:43:39 | HOLGUIN FERNANDEZ, PATRICIA | INDEPENDIENTE | MADRID |
| 28 | 395 | 58 | 00:45:08 | CALVO ALVAREZ, SUSANA | INDEPENDIENTE | MADRID |
| 29 | 396 | 305 | 00:45:17 | PRENDES MENENDEZ, VERONICA | INDEPENDIENTE | FOZ |
| 30 | 406 | 42 | 00:45:45 | BERMÚDEZ CARBALLAL, MAYRA | DEPORTISTAS AMBULANTES | BERIÁIN |
| 31 | 410 | 377 | 00:45:55 | VAZQUEZ MEITIN-CASAS, YOLANDA | INDEPENDIENTE | FOZ |
| 32 | 413 | 98 | 00:46:05 | DÍAZ MONTERO, ELVIRA | INDEPENDIENTE | SAN SADURNIÑO |
| 33 | 418 | 450 | 00:47:19 | CARBAJO GESTAL, MONICA | INDEPENDIENTE | AVILÉS |
| 34 | 428 | 113 | 00:48:31 | FERNANDEZ FERNANDEZ, PATRICIA | INDEPENDIENTE | FOZ |
| 35 | 435 | 80 | 00:50:04 | CHAO SEIJO, BEATRIZ | INDEPENDIENTE | VICTORIA |
| 36 | 439 | 196 | 00:51:14 | LÓPEZ ALONSO, MARÍA JESÚS | MICASA | FOZ |

VETERANOS "A" MASCULINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|----------------------------------|-------------------------------------|------------------------|
| 1 | 4 | 171 | 00:23:49 | GRIÑAN CARAVACA, MANUEL | C.A. SUANZES SAN BLAS | MADRID |
| 2 | 5 | 373 | 00:23:57 | VAL VILLARINO, DELIO | PRAIAS DE BARREIROS | SAN COSME DE BARREIROS |
| 3 | 8 | 119 | 00:24:21 | FERNANDEZ MARCOS, NOEL | RUNAWAYS | RIBADEO |
| 4 | 9 | 39 | 00:24:24 | BARREIRO ARIAS, JOSE | LA POCIÓN MÁGICA | LUGO |
| 5 | 15 | 361 | 00:26:21 | SERRANO MALDONADO, EDUARDO | CANAL ISABEL II MADRID | MADRID |
| 6 | 17 | 499 | 00:26:45 | MENDEZ SUAREZ, SEVERINO | INDEPENDIENTE | OVIEDO |
| 7 | 20 | 511 | 00:26:59 | DIEGUEZ BALADRON, IVAN | CLUB ZEPPELIN ZORGUESA FINFLOOR | LUGO |
| 8 | 32 | 350 | 00:28:02 | ROUCO REGUEIRO, DANIEL | ESCOLA ATLÉTICA LUCENSE | LUGO |
| 9 | 33 | 455 | 00:28:05 | PEREZ SANFIZ, ALFREDO | INDEPENDIENTE | LUGO |
| 10 | 34 | 8 | 00:28:08 | AGTEN, JORAM | BERGAFLOPERS | MEERHOUT |
| 11 | 37 | 74 | 00:28:13 | CASÁS CASÁS, JOSÉ MANUEL | INDEPENDIENTE | A CORUÑA |
| 12 | 38 | 359 | 00:28:16 | SEIVANE NAVIA, JOSE MANUEL | INDEPENDIENTE | LOURENZÁ |
| 13 | 41 | 194 | 00:28:36 | LÓPEZ - LEITÓN VEIGA, ANTÓN | MANIOTAS | FOZ |
| 14 | 42 | 30 | 00:28:37 | ARIAS TORRON, ALBERTO | ESCOLA ATLETICA LUCENSE | LUGO |
| 15 | 44 | 151 | 00:28:41 | GOMEZ AGRAS, LUIS | INDEPENDIENTE | NARÓN |
| 16 | 45 | 83 | 00:28:43 | CORTON GONZALEZ, JOSE | ESCOLA ATLETICA LUCENSE | LUGO |
| 17 | 46 | 15 | 00:28:47 | ALONSO DIEZ, SAMUEL BENITO | COCOCO TEAM | MADRID |
| 18 | 51 | 383 | 00:29:07 | VIDAL REIGOSA, MIGUEL ANGEL | CLUB SENDERISMO PASO MIUDO | RIBADEO |
| 19 | 52 | 344 | 00:29:07 | RODRIGUEZ VALEA, JACOBO | PRAIAS DE BARREIROS CD | BARREIROS |
| 20 | 53 | 33 | 00:29:13 | ARROLLO CASTRODEZA, MIGUEL ANGEL | INDEPENDIENTE | ZARATÁN |
| 21 | 55 | 201 | 00:29:20 | LÓPEZ DÍAZ, CARLOS | INDEPENDIENTE | LUGO |
| 22 | 64 | 65 | 00:29:56 | CANDIA DURAN, FRANCISCO XOSE | UNIVERSIDADE DE SANTIAGO DE COMPOST | NOIS (FOZ, LUGO) |
| 23 | 65 | 407 | 00:29:56 | VALORÍA ESMORÍS, XABIER | INDEPENDIENTE | FOZ |
| 24 | 69 | 349 | 00:30:12 | RON LOPEZ, RUBEN | ALBIONS | A PONTENOVA |
| 25 | 71 | 19 | 00:30:17 | ALVAREZ CARBAJALES, JOSE MANUEL | CLUB ATLETISMO LOURENZA | RIBADEO |
| 26 | 73 | 379 | 00:30:31 | VELICIA OLMEDO, CHEMI | INDEPENDIENTE | VALLADOLID |
| 27 | 75 | 303 | 00:30:34 | PRADO BASANTA, DIEGO | CLUB MONTEPENARUBIA | LUGO |
| 28 | 77 | 348 | 00:30:39 | ROMERO VIOTA, JORGE | INDEPENDIENTE | FOZ |
| 29 | 78 | 370 | 00:30:40 | URGELLES SARDON, LUIS FERNANDO | TRIATLÓN PISUERGA TRIPI | VALLADOLID |

VETERANOS "A" MASCULINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|-----------------------------------|------------------------------|---------------------------|
| 30 | 81 | 296 | 00:30:49 | PERRAMON BONIGNO, MARC | INDEPENDIENTE | A CORUÑA |
| 31 | 82 | 263 | 00:30:53 | NIÑE OTERO, DAVID | CAMPO DA CABANA | FOZ |
| 32 | 84 | 514 | 00:30:57 | MENENDEZ FERNANDEZ, EDUARDO | CLUB INTERVAL RUNNERS | LEON |
| 33 | 85 | 456 | 00:30:58 | GOMEZ, ESTEBAN | INDEPENDIENTE | LUGO |
| 34 | 88 | 236 | 00:31:12 | MENDEZ PAZ, JUAN LUIS | ED LOURENZÁ | LOURENZÁ |
| 35 | 89 | 394 | 00:31:14 | RODRIGUEZ SANTIAGO, JORGE | INDEPENDIENTE | NARÓN |
| 36 | 92 | 115 | 00:31:18 | FERNÁNDEZ GARCÍA, JOSÉ LUIS | INDEPENDIENTE | FOZ |
| 37 | 93 | 266 | 00:31:19 | NUÑEZ MENDEZ, RICARDO | INDEPENDIENTE | LUGO |
| 38 | 94 | 35 | 00:31:23 | BALEA VÁZQUEZ, ÁNGEL | INDEPENDIENTE | PIEDRAS BLANCAS |
| 39 | 97 | 77 | 00:31:33 | CAZÓN PIÑÓN, ANTONIO | CLUBE ATLETISMO VILALBA | VILALBA |
| 40 | 98 | 180 | 00:31:34 | IRIMIA CARRERA, JAVIER | PENARUBIA RUNNING LUGO | MEIRA |
| 41 | 99 | 438 | 00:31:36 | MENDEZ VIDAL, JUAN MIGUEL | INDEPENDIENTE | FOZ |
| 42 | 100 | 228 | 00:31:37 | MARTINEZ BALSEIRO, VICTOR | INDEPENDIENTE | FOZ |
| 43 | 102 | 22 | 00:31:44 | ALVAREZ FREIRE, MIGUEL | INDEPENDIENTE | FERROL |
| 44 | 106 | 16 | 00:31:48 | ALONSO GUERRA, ADRIAN | INDEPENDIENTE | OVIEDO |
| 45 | 110 | 61 | 00:31:53 | CAMARERO BOTÉ, ALBERTO | INDEPENDIENTE | BARCELONA |
| 46 | 111 | 212 | 00:31:55 | LOPEZ MARQUÉS, JOHN | ATLETISMO DE LOSADA | LEÓN |
| 47 | 113 | 121 | 00:31:57 | FERNANDEZ NUÑO, EDUARDO | INDEPENDIENTE | VALLADOLID |
| 48 | 114 | 490 | 00:32:03 | LOPEZ EXPOSITO, BRUNO | CLUB ATLETISMO VEGADEO | VEGADEO |
| 49 | 123 | 189 | 00:32:18 | LAMELA VALDOMAR, IVÁN | POLLO LOCO | A CORUÑA |
| 50 | 124 | 36 | 00:32:24 | BALSEIRO AMIDP, JOSÉ ANGEL | CLUBE ATLETISMO VILALBA | VILALBA |
| 51 | 127 | 323 | 00:32:34 | RIVERA GARCÍA, ALBERTO | AFICIONADO | VALLADOLID |
| 52 | 130 | 66 | 00:32:45 | CANO FERREIRO, JOSE MANUEL | INDEPENDIENTE | CASTRO DE REI |
| 53 | 131 | 71 | 00:32:46 | CARRACEDO FERNANDEZ, ROBERTO | EA LUCENSE | LUGO |
| 54 | 133 | 111 | 00:32:50 | FERNANDEZ FERNANDEZ, EDUARDO | INDEPENDIENTE | LUGO |
| 55 | 135 | 49 | 00:32:56 | BOUZA ARIAS, MANUEL | OLYMPO | AS PONTES |
| 56 | 138 | 62 | 00:33:01 | CAMPANON SANJURJO, ANTONIO | INDEPENDIENTE | LUGO |
| 57 | 139 | 422 | 00:33:06 | JORGE CASTILLO, OSCAR | INDEPENDIENTE | MADRID |
| 58 | 143 | 275 | 00:33:14 | PAJON FERNANDEZ, JAVIER | MONTEPENARUBIA RUNNING LUGO | LUGO |
| 59 | 144 | 21 | 00:33:17 | ALVAREZ FREIRE, IGNACIO | INDEPENDIENTE | FERROL |
| 60 | 146 | 341 | 00:33:20 | RODRIGUEZ PEREZ, AGUSTIN | INDEPENDIENTE | BARREIROS |
| 61 | 152 | 416 | 00:33:43 | RODRIGUEZ MARTINEZ, MANUEL | TODO VERTICAL CLUB | TODO VERTICAL CLUB-MADRID |
| 62 | 155 | 333 | 00:33:50 | RODRIGUEZ GONZALEZ, MATIAS | A.C.D. O CARBALLO | LUGO |
| 63 | 159 | 381 | 00:33:56 | VIANA FERREIRO, JOSÉ MARÍA | VERXEL NUTRICIÓN DEPORTIVA | LUGO |
| 64 | 160 | 38 | 00:33:58 | BARRAL PRADO, EDUARDO | PORCOS BRAVOS | LUGO |
| 65 | 165 | 283 | 00:34:10 | PARDIÑAS VEGA, MANOLO | MANIOTAS | FOZ |
| 66 | 166 | 188 | 00:34:10 | LAMAS POSE, XOSÉ MANUEL | INDEPENDIENTE | BURELA |
| 67 | 169 | 227 | 00:34:15 | MARTIN GOMEZ, FIDEL | ATLETAS POPULARES VALLADOLID | VALLADOLID |
| 68 | 173 | 52 | 00:34:24 | BREGUA NAVEIRA, PABLO | INDEPENDIENTE | LUGO |
| 69 | 174 | 161 | 00:34:28 | GONZÁLEZ GIJÓN, HUGO | INDEPENDIENTE | OVIEDO |
| 70 | 177 | 387 | 00:34:37 | VILLARES PEREZ, CARLOS | INDEPENDIENTE | CERVO |
| 71 | 179 | 276 | 00:34:40 | PALACIOS REY, HUMBERTO | CATACRUNNERS | BURELA |
| 72 | 182 | 440 | 00:34:46 | IGLESIAS FERNANDEZ, MOISES | INDEPENDIENTE | FAZOURO |
| 73 | 184 | 232 | 00:34:50 | MASEDA CARBALLO, FRANCISCO JAVIER | DREAM TEAM | A CORUÑA |
| 74 | 186 | 221 | 00:34:52 | MALDONADO SANCHEZ, JUAN FÉLIX | INDEPENDIENTE | ALBACETE |

VETERANOS "A" MASCULINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|-----------------------------------|-------------------------|-----------------------|
| 75 | 189 | 470 | 00:34:57 | PAIN MONSALVE, JUAN MANUEL | INDEPENDIENTE | FOZ |
| 76 | 195 | 128 | 00:35:02 | FERNANDEZ VAZQUEZ, ROBERTO | POWERFULL | LUGO |
| 77 | 196 | 7 | 00:35:03 | ABUÍN LÓPEZ, IVÁN | INDEPENDIENTE | CASTROVERDE |
| 78 | 198 | 406 | 00:35:11 | MUIÑA LÓPEZ, JOSÉ ANTONIO | INDEPENDIENTE | LUGO |
| 79 | 208 | 492 | 00:35:25 | RODRIGUEZ GARCIA, ANGEL | CLUB CICLISTA FOZ | FOZ |
| 80 | 212 | 130 | 00:35:32 | FERREIRO PENA, PABLO | PORCOS BRAVOS | LUGO |
| 81 | 213 | 392 | 00:35:34 | VIZISI RÍO, RAMÓN | A DOLOR | SADA |
| 82 | 222 | 181 | 00:35:51 | IRIMIA SEIJAS, ROBERTO | INDEPENDIENTE | LUGO |
| 83 | 225 | 137 | 00:36:05 | GALÁN SILVA, MANUEL | INDEPENDIENTE | ZAMORA |
| 84 | 226 | 166 | 00:36:06 | GONZÁLEZ PÉREZ, JOSE LUIS | FINFLOOR | LUGO |
| 85 | 228 | 423 | 00:36:11 | ROMO GONZALEZ, JOSE | INDEPENDIENTE | GUADALAJARA |
| 86 | 234 | 107 | 00:36:32 | ENTRENA REGO, ISMAEL | INDEPENDIENTE | FOZ |
| 87 | 238 | 179 | 00:36:39 | IGLESIAS BEDIA, JOSE CARLOS | INDEPENDIENTE | FOZ |
| 88 | 241 | 118 | 00:36:54 | FERNANDEZ MANCHADO, RAUL | ARRASATE | MONDRAGON |
| 89 | 246 | 150 | 00:37:09 | GESTO VILLARIÑO, OSKAR | INDEPENDIENTE | BARAKALDO |
| 90 | 248 | 142 | 00:37:17 | GARCIA DORADO, FRANCISCO JAVIER | INDEPENDIENTE | MEDINA DEL CAMPO |
| 91 | 250 | 226 | 00:37:21 | MARQUEZ LASTRA, JUAN MANUEL | INDEPENDIENTE | OVIEDO |
| 92 | 252 | 437 | 00:37:22 | PEREZ OTERO, JESUS | INDEPENDIENTE | VIGO |
| 93 | 255 | 187 | 00:37:26 | LAGO LAMAS, FERNANDO | INDEPENDIENTE | OVIEDO |
| 94 | 258 | 346 | 00:37:42 | ROJAS, ALBERTO | INDEPENDIENTE | TORREJON DE ARDOZ |
| 95 | 261 | 488 | 00:37:58 | DE LA BARRERA CABANA, JOSE EVELIO | INDEPENDIENTE | FOZ |
| 96 | 263 | 110 | 00:38:05 | FARRACES DIAZ, RAUL | INDEPENDIENTE | MADRID |
| 97 | 269 | 311 | 00:38:17 | RAMOS ALONSO, VICTOR MANUEL | INDEPENDIENTE | FOZ |
| 98 | 270 | 385 | 00:38:20 | VILLALBA PEREZ, EUGENIO | ED LOURENZÁ | FOZ |
| 99 | 274 | 504 | 00:38:38 | RODRIGUEZ LOPEZ, ANTONIO | INDEPENDIENTE | MADRID |
| 100 | 282 | 268 | 00:39:00 | OTERO DIAZ, PABLO | INDEPENDIENTE | NOIS |
| 101 | 290 | 469 | 00:39:32 | PAIN MONSALVE, PABLO | INDEPENDIENTE | FOZ |
| 102 | 291 | 261 | 00:39:37 | NAVAS LOPEZ, ANDRES | INDEPENDIENTE | LUGO |
| 103 | 293 | 26 | 00:39:43 | ANTOLIN SUAREZ, JAVIER | INDEPENDIENTE | GIJON |
| 104 | 295 | 408 | 00:39:45 | BLANCO REDONDO, GUSTAVO | INDEPENDIENTE | VALLADOLID |
| 105 | 297 | 318 | 00:39:50 | RIO VEIGA, GONZALO | INDEPENDIENTE | FOZ |
| 106 | 298 | 264 | 00:39:52 | NIÑE OTERO, JAVIER | CAMPO DA CABANA | FOZ |
| 107 | 304 | 209 | 00:40:02 | LOPEZ GAVIN, JOSE | CLUB ATLETISMO LOURENZA | VEGADEO |
| 108 | 307 | 516 | 00:40:13 | TEIJEIRA RAMOS, ANDRES | INDEPENDIENTE | FOZ |
| 109 | 308 | 269 | 00:40:13 | OTERO MARTINEZ, FRANCISCO JAVIER | INDEPENDIENTE | FERREIRA DO VALADOURO |
| 110 | 312 | 310 | 00:40:20 | RABADE BLANCO, MARIN | INDEPENDIENTE | LUGO |
| 111 | 315 | 332 | 00:40:27 | RODRIGUEZ GARCÍA, SANTIAGO | INDEPENDIENTE | FOZ |
| 112 | 322 | 91 | 00:40:39 | DEVESA, CARLOS | O PELOLO | FOZ |
| 113 | 330 | 487 | 00:41:14 | FERNANDEZ RODRIGUEZ, JOSE IGNACIO | INDEPENDIENTE | MIERES |
| 114 | 331 | 415 | 00:41:15 | GARCIA BURGO, RAMON | INDEPENDIENTE | LUGO |
| 115 | 335 | 101 | 00:41:29 | DIAZ VILLARINO, LUIS | INDEPENDIENTE | SAN SADURNIÑO |
| 116 | 337 | 256 | 00:41:31 | MOSQUERA, ALBERTO | INDEPENDIENTE | FOZ |
| 117 | 342 | 47 | 00:41:41 | BOLADO SAN MARTÍN, ENRIQUE | GACELAS DE LLAS | FOZ |
| 118 | 347 | 412 | 00:41:49 | LASTRA CUEVA, LUIS | INDEPENDIENTE | OVIEDO |
| 119 | 350 | 195 | 00:41:57 | LÓPEZ ALONSO, BALBINO | MICASA | FOZ |

VETERANOS "A" MASCULINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|-----------------------------|------------------------|----------------------|
| 120 | 353 | 507 | 00:42:00 | RATOEIRA, MOISES | INDEPENDIENTE | ALFOZ |
| 121 | 357 | 502 | 00:42:09 | REINARES, EDUARDO | INDEPENDIENTE | LOGROÑO |
| 122 | 359 | 173 | 00:42:15 | GUERRA HERAS, SANTIAGO | INDEPENDIENTE | MADRID |
| 123 | 361 | 366 | 00:42:20 | TORRE GARCIA, ALEJANDRO | INDEPENDIENTE | ASTURIAS |
| 124 | 367 | 257 | 00:42:42 | MOSQUERA NOVO, MARIO | INDEPENDIENTE | FOZ |
| 125 | 369 | 126 | 00:42:54 | FERNANDEZ RODRIGUEZ, IKER | ITSASALDE | SANTURTZI |
| 126 | 376 | 96 | 00:43:20 | DIAZ FERNANDEZ, PACO | INDEPENDIENTE | FOZ |
| 127 | 378 | 501 | 00:43:22 | FEITO RODRIGUEZ, ANGEL | INDEPENDIENTE | MADRID |
| 128 | 384 | 292 | 00:43:51 | PEREZ ROMERO, RICARDO | INDEPENDIENTE | SAN SADURNIÑO |
| 129 | 385 | 184 | 00:43:54 | JUNQUERA MARTIN, JORGE | INDEPENDIENTE | MADRID |
| 130 | 404 | 165 | 00:45:27 | GONZALEZ NORIEGA, ALBERTO | INDEPENDIENTE | GIJON |
| 131 | 405 | 280 | 00:45:32 | PAMIES, PASCAL | INDEPENDIENTE | FOZ |
| 132 | 407 | 239 | 00:45:45 | MEZQUITA ADÁN, JOSÉ ANTONIO | DEPORTISTAS AMBULANTES | BERIÁIN |
| 133 | 422 | 372 | 00:48:11 | UYARRA MARÍN, SERGIO | INDEPENDIENTE | FOZ |
| 134 | 432 | 148 | 00:49:07 | GARCÍA POLO, ALEJANDRO | INDEPENDIENTE | PINTO |
| 135 | 434 | 108 | 00:49:14 | ESTEVEZ LOPEZ, JOSE ANTONIO | INDEPENDIENTE | LUGO |
| 136 | 440 | 508 | 00:51:15 | PEREZ CAO, FRANCISCO | INDEPENDIENTE | FOZ |
| 137 | 441 | 308 | 00:51:16 | PY DE PORRAS, JUAN IGNACIO | MICASA | JEREZ DE LA FRONTERA |
| 138 | 447 | 447 | 00:51:47 | RUBIO GARCIA, NICOLAS | INDEPENDIENTE | MURCIA |

VETERANAS "B" FEMENINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|---------------------------------|----------------------|------------------------|
| 1 | 103 | 112 | 00:31:45 | FERNANDEZ CAMPOS, PURIFICACIÓN | INDEPENDIENTE | BERGONDO |
| 2 | 183 | 400 | 00:34:48 | AGUIRRE ZABALAGA, ARANTXA | INDEPENDIENTE | SEXA -GUIPUZCOA |
| 3 | 259 | 84 | 00:37:46 | COUCE BOUZA, MANUEL | INDEPENDIENTE | LUGO |
| 4 | 268 | 53 | 00:38:15 | BRIONES MONTES, ANA MARIA | INDEPENDIENTE | CANGAS (FOZ) |
| 5 | 271 | 343 | 00:38:20 | RODRIGUEZ SANTABARBARA, GUIOMAR | INDEPENDIENTE | GIJON |
| 6 | 275 | 155 | 00:38:39 | GOMEZ NUÑEZ, TERE | INDEPENDIENTE | BARCELONA |
| 7 | 286 | 358 | 00:39:16 | SANTAMARINA MONTILA, SUSANA | INDEPENDIENTE | OVIEDO |
| 8 | 306 | 144 | 00:40:13 | GARCÍA FERREIRO, ELISA | ATLETISMO VALLADOLID | VALLADOLID |
| 9 | 313 | 210 | 00:40:23 | LOPEZ LOPEZ, OLGA | INDEPENDIENTE | MEIRA LUGO |
| 10 | 314 | 325 | 00:40:24 | RODAO LAZARO, LOURDES | SPORTING SEGOVIA | SEGOVIA |
| 11 | 320 | 243 | 00:40:34 | MIGUEZ CHAO, MARTA MARIA | EGOVARROS | VIVEIRO |
| 12 | 323 | 396 | 00:40:42 | SUAREZ LAURES, ANA MARIA | INDEPENDIENTE | OVIEDO |
| 13 | 328 | 315 | 00:41:09 | REGUERA NADELA, PILI | INDEPENDIENTE | LUGO |
| 14 | 332 | 277 | 00:41:18 | PALEO LOPEZ, MARÍA TERESA | INDEPENDIENTE | FOZ |
| 15 | 334 | 90 | 00:41:19 | DEL RIEGO CANDIA, NURIA | INDEPENDIENTE | FOZ |
| 16 | 343 | 262 | 00:41:42 | NEIRA FERNANDEZ, DOLORES MARÍA | INDEPENDIENTE | FOZ |
| 17 | 362 | 371 | 00:42:25 | URIA FERNÁNDEZ, CARMEN | CRLM | CANGAS DEL NARCEA |
| 18 | 364 | 34 | 00:42:33 | BAENA MOURO, CONCHI | INDEPENDIENTE | MADRID |
| 19 | 366 | 164 | 00:42:37 | GONZALEZ IGLESIAS, CARMEN MARÍA | YES WE RUN | AVILES |
| 20 | 368 | 498 | 00:42:51 | ALONSO, MARGARITA | CLUB LA BAÑEZA | SAN JUSTO, LEON |
| 21 | 379 | 436 | 00:43:27 | MOYA PUENTE, AIDA | INDEPENDIENTE | BARCELONA |
| 22 | 383 | 295 | 00:43:47 | PEREZ VEIGA, ANA MARIA | MARZO SAUDE | 29/10/1965 |
| 23 | 386 | 267 | 00:43:55 | ORRACA MORO, ROSA | CRLM | CANGAS DEL NARCEA |
| 24 | 388 | 167 | 00:44:06 | GONZALEZ SANTEIRO, MARIA ISABEL | INDEPENDIENTE | SAINT BOI DE LLOBREGAT |

VETERANAS "B" FEMENINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|--------------------------|-------------------------|-----------|
| 25 | 423 | 24 | 00:48:18 | ALVAREZ RUIZ, MARIA JOSE | INDEPENDIENTE | FOZ |
| 26 | 424 | 78 | 00:48:21 | CELADA DIAZ, MARISA | ESCOLA ATLÉTICA LUCENSE | LUGO |
| 27 | 445 | 427 | 00:51:36 | LONGARELA NEIRA, GEMMA | INDEPENDIENTE | MADRID |
| 28 | 452 | 445 | 00:59:56 | GRACIA PEÑA, AZUCENA | INDEPENDIENTE | MADRID |

VETERANOS "B" MASCULINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|---------------------------------|------------------------------|-----------------------|
| 1 | 11 | 375 | 00:25:10 | VALIÑA MENDEZ, JOSÉ LUIS | VERXEL | A PASTORIZA |
| 2 | 18 | 136 | 00:26:52 | GABELA MARTINEZ, LAUDELINO | INDEPENDIENTE | LEON |
| 3 | 19 | 363 | 00:26:59 | SOUTO LOPEZ, LUIS | ZEPPELIN | LUGO |
| 4 | 22 | 482 | 00:27:14 | MOREDA PEREZ, EUSEBIO | INDEPENDIENTE | FOZ |
| 5 | 29 | 205 | 00:27:42 | LOPEZ FERNÁNDEZ, DANIEL | ESCUELA ATLÉTICA LUCENSE | LUGO |
| 6 | 31 | 31 | 00:28:00 | ARIAS VEIGA, MANUEL | MONTEPENARRUBIA | LUGO |
| 7 | 36 | 23 | 00:28:13 | ÁLVAREZ PRIEGUE, VÍCTOR M. | MONTE SEGADE | LUGO |
| 8 | 43 | 219 | 00:28:39 | LOPEZ ZUAZUA, PEDRO | INDEPENDIENTE | OVIEDO |
| 9 | 50 | 251 | 00:29:05 | MORALES MARTÍNEZ, JULIÁN | AC ARROYOMOLINOS | ARROYOMOLINOS |
| 10 | 54 | 486 | 00:29:14 | RAMIREZ AMO, LUIS ENRIQUE | INDEPENDIENTE | MIERES |
| 11 | 56 | 92 | 00:29:20 | DIAZ BLANCO, JOSE CARLOS | PEÑA BARCELONISTA SAN MIGUEL | RIBADEO |
| 12 | 58 | 202 | 00:29:31 | LOPEZ DINIZ, VICTOR | ATLETISMO RIBADEO | RIBADEO |
| 13 | 59 | 497 | 00:29:32 | SANTOS, FIDEL | CLUB LA BAÑEZA | SAN JUSTO , LEON |
| 14 | 60 | 229 | 00:29:47 | MARTINEZ FERNANDEZ, JOSE MANUEL | ATLETISMO MONTE SEGADE | LUGO |
| 15 | 66 | 220 | 00:29:58 | LUCENA CARACUEL, RAFAEL | INDEPENDIENTE | EL ENTREGÓ (S M R A) |
| 16 | 68 | 197 | 00:30:03 | LOPEZ BELLAS, JOSE MANUEL | PORCOS BRAVOS | LUGO |
| 17 | 76 | 254 | 00:30:35 | MOREDA NUÑEZ, ELISEO | DT1TEAM | LUGO |
| 18 | 91 | 3 | 00:31:16 | IGLESIAS IZQUIERDO, JUAN CARLOS | INDEPENDIENTE | MADRID |
| 19 | 104 | 434 | 00:31:46 | SANZ MENDEZ, MIGUEL | INDEPENDIENTE | COLMENAR VIEJO |
| 20 | 115 | 430 | 00:32:06 | BODELON CREEL, EVAN | INDEPENDIENTE | MADRID |
| 21 | 117 | 328 | 00:32:10 | RODRIGUEZ CASTRO, ISIDRO | QUITA BICHO | LUGO |
| 22 | 121 | 247 | 00:32:12 | MINGUEZ ZALOÑA, AGUSTIN | INDEPENDIENTE | LOURENZÁ |
| 23 | 147 | 177 | 00:33:23 | HEVIA RIVERO, JOSE MARIA | METROPOLITAN | LLANERA |
| 24 | 149 | 451 | 00:33:37 | LINARES RODRIGUEZ, JOSE MARIA | INDEPENDIENTE | FOZ |
| 25 | 151 | 200 | 00:33:43 | LÓPEZ DÍAZ, ANGEL | ACADEMIA JM RIVAS | LUGO |
| 26 | 153 | 489 | 00:33:49 | COUCEIRO GARCIA, JOSE LUIS | INDEPENDIENTE | OVIEDO |
| 27 | 154 | 133 | 00:33:50 | FRAGA MORANDEIRA, JUAN | INDEPENDIENTE | MADRID |
| 28 | 158 | 211 | 00:33:56 | LOPEZ MARQUES, PABLO | ATLETISMO DE LOSADA | LEÓN |
| 29 | 163 | 127 | 00:34:02 | FERNÁNDEZ SOUTO, JOSÉ LUIS | INDEPENDIENTE | LUGO |
| 30 | 164 | 59 | 00:34:08 | CALVO PERALVAREZ, JOSE ANTONIO | INDEPENDIENTE | BURELA |
| 31 | 168 | 309 | 00:34:15 | QUINTANA SUÁREZ, FERNANDO | FIGUERAS SOLIDARIO TEAM | FIGUERAS |
| 32 | 171 | 441 | 00:34:17 | GARCIA GARCIA, JORGE | INDEPENDIENTE | MADRID |
| 33 | 172 | 312 | 00:34:17 | RAMOS FERNANDEZ, JOSE ANTONIO | INDEPENDIENTE | LUGO |
| 34 | 178 | 355 | 00:34:37 | SANCHEZ GARCIA, GUILLERMO | ESBARDU | GIJON |
| 35 | 180 | 143 | 00:34:40 | GARCÍA EGIDO, JUAN FRANCISCO | INDEPENDIENTE | MADRID |
| 36 | 181 | 439 | 00:34:45 | LOPEZ RIOPEDRE, JOSE | CLUBE MONTE SEGADE LUGO | LUGO |
| 37 | 187 | 480 | 00:34:53 | RODRIGUEZ SAEZ, JOSE IGNACIO | INDEPENDIENTE | OVIEDO |
| 38 | 188 | 57 | 00:34:55 | CALVIÑO BUGUEIRO, LOLO | INDEPENDIENTE | BERGONDO |
| 39 | 190 | 147 | 00:34:58 | GARCÍA ORTEGA, CARLOS | INDEPENDIENTE | LEON |

VETERANOS "B" MASCULINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|---|-------------------------|------------------------|
| 40 | 193 | 224 | 00:35:00 | MARIN PEREZ, MANUEL | OLLLOQII RUNNING | MADRID |
| 41 | 200 | 435 | 00:35:20 | BERNALDO DE QUIROS, ALVARO | INDEPENDIENTE | BOADILLA DEL MONTE |
| 42 | 203 | 168 | 00:35:23 | GONZALEZ SANZ, MANUEL | METROPOLITAN | OVIEDO |
| 43 | 204 | 141 | 00:35:23 | GARCIA CARBALLO, CONSTANTE | METROPOLITAN | OVIEDO |
| 44 | 206 | 442 | 00:35:25 | COUTO MON, JUAN | INDEPENDIENTE | FAZOURO |
| 45 | 207 | 367 | 00:35:25 | TORRÓN IGLESIAS, LUIS | D | LUGO |
| 46 | 211 | 517 | 00:35:30 | NAVIA, JOSE LUIS | INDEPENDIENTE | RIBADEO |
| 47 | 215 | 338 | 00:35:36 | RODRIGUEZ PALEO, RAMON | INDEPENDIENTE | FOZ |
| 48 | 219 | 495 | 00:35:39 | FREIJE LOPEZ, JOSE ANTONIO | CLUBE ATLETISMO RIBADEO | RIBADEO |
| 49 | 220 | 60 | 00:35:46 | CALVO TEIXIDO, XOSE | INDEPENDIENTE | GUITIRIZ |
| 50 | 229 | 506 | 00:36:14 | ARANGO LOPEZ, CELSO | INDEPENDIENTE | MADRID |
| 51 | 233 | 225 | 00:36:32 | MARINA ZURRON LA IGLESIA, FRANCISCO JAVIER | INDEPENDIENTE | FOZ |
| 52 | 235 | 13 | 00:36:32 | ALONSO CALO, FERMIN | INDEPENDIENTE | OVIEDO |
| 53 | 254 | 37 | 00:37:23 | BALSEIRO PITA, CRISTÓBAL | INDEPENDIENTE | BURELA |
| 54 | 256 | 433 | 00:37:29 | FERNANDEZ HORTELANO, AGUSTIN | INDEPENDIENTE | MADRID |
| 55 | 257 | 238 | 00:37:32 | MENENDEZ MESA, GABRIEL | INDEPENDIENTE | CORUÑA |
| 56 | 267 | 515 | 00:38:14 | ARCOCHA IDIAGUEZ, DOMINGO | INDEPENDIENTE | ONDARRUA |
| 57 | 278 | 242 | 00:38:45 | MIELGO CARREÑO, ROBERTO | ATLETISMO VALLADOLID | VALLADOLID |
| 58 | 285 | 390 | 00:39:12 | VILLAVERDE INFANZON, FERNANDO | INDEPENDIENTE | FOZ |
| 59 | 296 | 82 | 00:39:49 | CHIQUERO GARRIDO, MANUEL | INDEPENDIENTE | MADRID |
| 60 | 302 | 233 | 00:39:59 | MASEDA FERNANDEZ, EMILIO | INDEPENDIENTE | FOZ |
| 61 | 309 | 273 | 00:40:14 | OTEROS VALCARCE, GUILLERMO | TRIASME | BARCELONA |
| 62 | 311 | 426 | 00:40:19 | DOMINGUEZ HERNANDEZ, JOSE IGNACIO | INDEPENDIENTE | MADRID |
| 63 | 333 | 135 | 00:41:19 | FRANCO VEIGA, MIGUEL | INDEPENDIENTE | FOZ |
| 64 | 348 | 380 | 00:41:52 | VERDEAL, EDUARDO | INDEPENDIENTE | MADRID |
| 65 | 358 | 185 | 00:42:12 | KLEIN LOPEZ, JULIO CESAR | INDEPENDIENTE | LUGO |
| 66 | 373 | 231 | 00:43:11 | MARTINEZ RON, JAVIER | INDEPENDIENTE | BARCELONA |
| 67 | 387 | 382 | 00:43:57 | VICENTE HERNÁNDEZ, LUIS | INDEPENDIENTE | MOSTOLES |
| 68 | 393 | 265 | 00:44:45 | NIÑE REIGOSA, MARCELINO | INDEPENDIENTE | SAINT BOI DE LLOBREGAT |
| 69 | 394 | 409 | 00:44:51 | REDONDO ACEBES, JESUS | INDEPENDIENTE | VALLADOLID |
| 70 | 416 | 300 | 00:46:53 | POVEDA GOMEZ, VICENTE | CARRERA PERPEIVA | MADRID |
| 71 | 421 | 395 | 00:47:47 | ESTREMERA GOLVANO, JESÚS | INDEPENDIENTE | MADRID |
| 72 | 426 | 45 | 00:48:22 | BOISSELIER, BERTRAND | NEUILLY | PARIS |
| 73 | 427 | 70 | 00:48:30 | CARDOZO ROSA, CARLOS FERNANDO | INDEPENDIENTE | URUGUAY |
| 74 | 429 | 81 | 00:48:33 | CHAO VEIGA, MIGUEL | INDEPENDIENTE | LUGO |
| 75 | 433 | 103 | 00:49:13 | DIEZ LLUVERO, FRANCISCO JAVIER | INDEPENDIENTE | MADRID |

VETERANAS "C" FEMENINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|-----------------------|---------------|-----------|
| 1 | 397 | 223 | 00:45:19 | MARIN JIMENEZ, CARMEN | INDEPENDIENTE | FOZ |

VETERANOS "C" MASCULINO

| Pto. | P. Gral. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|----------|--------|----------|-------------------------------------|------------------------|--------------------|
| 1 | 62 | 505 | 00:29:52 | GARCIA , CANDIDO | CLUB LOS MURGALINOS | GIJON |
| 2 | 63 | 67 | 00:29:55 | CANTADOR JIMENEZ, CLEMENTE JESÚS | CORREMOLINOS CONSUEGRA | CONSUEGRA (TOLEDO) |
| 3 | 101 | 50 | 00:31:41 | BOYERO IGLESIAS, JOSE | INDEPENDIENTE | LUGO |
| 4 | 109 | 374 | 00:31:53 | VALDÉS GONZÁLEZ, ALBERTO | INDEPENDIENTE | CANGAS |

VETERANOS "C" MASCULINO

| Pto. | P. Gra. | Dorsal | Tiempo | Nombre | Equipo / Club | Localidad |
|------|---------|--------|----------|----------------------------------|--------------------------|-------------------------|
| 5 | 132 | 314 | 00:32:47 | REGO GONZALEZ, JUAN JOSE | INDEPENDIENTE | CANGAS DE FOZ |
| 6 | 142 | 206 | 00:33:14 | LOPEZ FOLGUEIRA, ENRIQUE | CLUB MONTEPENARUBIA LUGO | LUGO |
| 7 | 145 | 11 | 00:33:20 | ALEJOS DOCOBO, LORENZO | INDEPENDIENTE | FOZ |
| 8 | 162 | 362 | 00:34:00 | SIMÓN ALONSO, JOSE MANUEL | ATLETISMO VILLAMURIEL | VILLAMURIEL DEL CERRATO |
| 9 | 170 | 454 | 00:34:16 | BARGUEÑO GARCIA, JESUS | INDEPENDIENTE | MOSTOLES |
| 10 | 202 | 249 | 00:35:21 | MORA LAJARÍN, JOSE MANUEL | INDEPENDIENTE | FOZ |
| 11 | 216 | 41 | 00:35:37 | BERMUDEZ BASANTA, JUAN CARLOS | INDEPENDIENTE | BARCELONA |
| 12 | 231 | 235 | 00:36:20 | MENDEZ FRAGA, JOSE ANTONIO | INDEPENDIENTE | BURGOS |
| 13 | 249 | 317 | 00:37:21 | REYES PECHARROMAN, ALEJANDRO | INDEPENDIENTE | MADRID |
| 14 | 251 | 12 | 00:37:21 | ALFAGEME BRAGADO, ABILIO | INDEPENDIENTE | VITORIA |
| 15 | 266 | 365 | 00:38:13 | SUAREZ MORAN, EMILIO | INDEPENDIENTE | LEÓN |
| 16 | 276 | 199 | 00:38:40 | LOPEZ DELGADO, ENRIQUE | INDEPENDIENTE | VALLADOLID |
| 17 | 280 | 413 | 00:38:50 | SUAREZ SANCHEZ, JOSE ANTONIO | INDEPENDIENTE | OVIEDO |
| 18 | 283 | 410 | 00:39:00 | DIAZ MENENDEZ, ANTONIO | INDEPENDIENTE | MIERES |
| 19 | 292 | 140 | 00:39:40 | GARCIA CALVO, LUIS | BIKILA | MADRID |
| 20 | 303 | 116 | 00:40:00 | FERNANDEZ LESTEGAS, JESUS MANUEL | INDEPENDIENTE | FOZ |
| 21 | 380 | 44 | 00:43:29 | BERNAL GOMEZ, JESUS | INDEPENDIENTE | FERROL |
| 22 | 419 | 260 | 00:47:20 | NAVALPOTRO MATAMALA, EUGENIO | INDEPENDIENTE | FOZ |
| 23 | 425 | 46 | 00:48:22 | BOISSELIER, PHILIPPE | CLOVIS CLUB VOUILLÉ | CHEF BOUTONNE |
| 24 | 436 | 419 | 00:50:09 | PEREIRA MOLARES, MANUEL | INDEPENDIENTE | SALCEDA DE CASELAS |
| 25 | 449 | 475 | 00:53:39 | LOPEZ JIMENEZ, JAVIER | INDEPENDIENTE | CANTABRIA |